

Quick and Easy Holiday Wreath Table Runner



Designed by:

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Materials:

10-12 inches of center table runner fabric, width of fabric (wof)

10-12 inches of batting

18 inches of a coordinating fabric (wof) that will be the back and the border of the project

Westalee Ruler Foot (appropriate size for your make and model of machine)

Westalee Circles on Quilts Wreath Template set – WT-COQW5; WT-COQW11; WT-COQW13; WT-COQW17; WT-WCR1.5B – Stable Tape – Thumb tack

Cross Hair Square & marking pencil

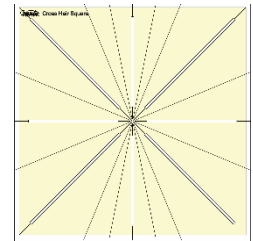
Instructions:

- 1) Cut fabric to size
- 2) Place the right sides of the fabric together along with the batting
 - a. Pin together
 - b. Stitch both long edges using a $\frac{1}{4}$ inch seam
- 3) Press the seams away from the center fabric
- 4) Turn – Now you have a long tube
- 5) Lay flat on ironing board and press so that the center fabric is bordered evenly on the long sides with the border fabric
- 6) Trim short ends even
- 7) Fold Fabric in half, lengthwise with the right side of the center table runner fabric facing out
- 8) Stich both ends use a $\frac{1}{4}$ inch seam
- 9) Spread out each end
 - a. Tuck the center fabric back into the point of the border fabric seam to create and envelope end
 - b. Press each end and ensure that your borders on each end are still symmetrical

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Begin Free Motion Quilting with Templates

- 1) Install your Westalee Ruler foot on your machine
- 2) Take the stable tape from the package and cut ½ inch pieces
 - a. Take each template from the package and place the stable tape on the underside of each template at the four corners (where the pressure points of your fingers will be holding the template in place)
- 3) Measure the distance from one end of the center fabric to the end finding your center point - mark
- 4) Measure the distance from side to side of the center fabric finding the center point – coordinate this point with the distance mark previously made
- 5) Using the center point you have identified place the Cross Hair Square over the center mark and draw your eight reference lines for the first template



- 6) Use COQW11 – Place the thumb tack that came in the wreath packaging on the underside of the project coming up at the center point you have previously marked
- 7) On the right side of the fabric place the hole at the bottom end of the template over the thumb tack
- 8) Line up the etch mark at the top of the template on your starting point reference line
 - a. Begin sewing at the bottom of the template sewing clockwise
 - b. End at the etch mark on the right side just right of the bottom etch line
 - c. Rotate the template clockwise line up the pointed etch mark on your last stitch line
 - d. Repeat the steps until you have finished the rotation



- 9) Use COQW17 and repeat steps 2 through 6
- 10) Line up the etch mark at the top of the template on your starting point reference line
 - a. Begin sewing at the A mark on the template and end at the B mark
 - b. Rotate template counter clock wise so that the foot ends at the B1 position
 - i. Line up the etch marks of the shape on your last stitch line
 - ii. Sewing back up to A and then back down ending at the B position
 - iii. Repeat this process until you have completed the complete rotation



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- 11) Use COQW5 and repeat steps 2 through 6
 - a. (You have the option of sewing clockwise or counter clockwise based on the etched markings on both side of the template that allow you to line up)
 - b. (If sewing clockwise sew to B1 and rotate to B)



- 12) Repeat steps in line item 9
- 13) Use COQW13 – Use the seam on the envelope end to locate the position of the center mark. Place the thumbtack on the underside right at the bottom of the border fabric on each end
 - a. You will only be sewing half of this wreath at each end

- 14) Repeat steps in line item 9

- 15) Use WCR1.B – Line the continuous rope border template along the long side of the table runner on the center fabric
 - a. Line up the edge of the template opening on the seam line of the border fabric. Use the etch marks along the seam to ensure you are stitching in a straight line
 - b. Moving the template from right to left:
 - c. Begin sewing at A and stitch to B – move template forward with the foot ending up at B1
 - d. Sew from B1 to B1 then ending at B – move template forward with the foot ending up at B1
 - e. Sew B1 to A1 and back to A – Move template forward with the foot ending up at A
 - f. Then repeat this process from steps C through E until finished on both sides of the table runner



- 16) Use WCR1.B we will echo the edge of the border on the outside edge
 - a. Use the scalloped edge of this template and place on the stitch line of your border
 - b. Start at one end and keep moving the template forward matching the stitch line to the edge of the scalloped on the template.
 - c. Repeat this process as many times as you wish on both sides of the runner.



- 17) Finish closing the envelope end with a straight stitch at the edge of the fabric