

Spoon Block

Featuring quilting designs using the
Westalee Design Flower Power Collection



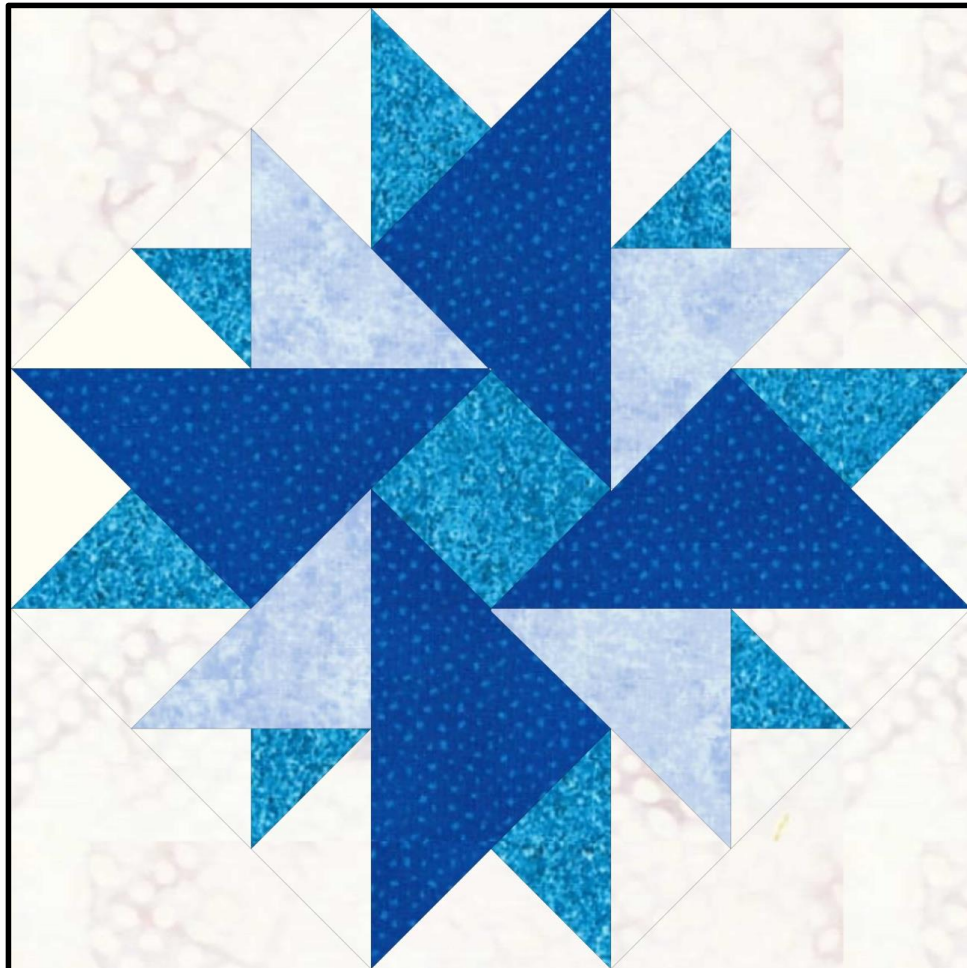
Shown with a 5-color option and quilted with the
Flower Power template set by Westalee Design



Designed by Kate Quinn
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Version 1.2

Spoon Block

Block is approximately a 12" finished size. With a 3" border added, it will finish at about 17 ½" before binding



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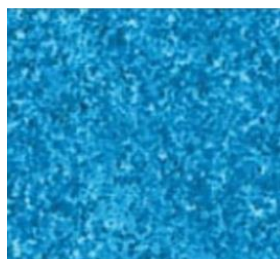
Cut Guide



4 pc – 4 ½” Finished HST



4 pc – 4 ½” Finished QST



1 pc – 2 ¾” square **
4 pc – 2 ¼” Finished HST
4 pc - 2 ¼” Finished QST



12 pc – 2 ¼” Finished HST
4 pc - 2 ¼” Finished QST
4 pc - 5” Finished HST
They can be trimmed later if needed.

**Optional 5th color may be used for the center block. This is a good place for a contrasting color.

Spoon Block

Supply List

Making the Block

- Sew Steady extension table
- Westalee Locking Ruler Starter 3 piece set with the 2"-6" Half and Quarter Square Triangle adjustable locking cutting rulers and the Strip Cutter.
- The Westalee small square locking ruler or other small square cutting ruler.
- 4-5 Fat Quarters for the top and a fat quarter for the border. The sample used matching white for the border and in the block.
- Fat quarter of batting and backing.
- 85-90" are needed for binding. This is about 2 Width of Fabric (WOF) strips.
- Piecing thread and piecing needle (80/12 Universal)
- ¼" piecing foot to fit your machine
- Rotary Cutter and mat
- General sewing notions as needed, pins, etc.

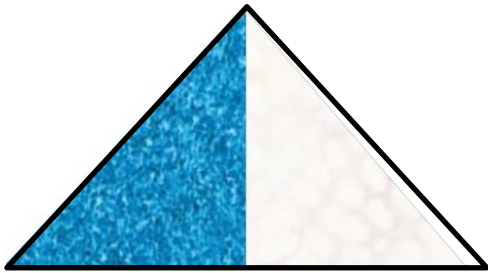
Quilting the Block

- Quilting thread and matching Topstitch or Quilting needle.
- Sew Steady Grid Glider or another slider
- The Westalee Design Flower Power Ruler quilting Template Collection
- The Westalee Spacing Gauge
- Marking Tools - visible and quilt safe
- The 8 Point Crosshair Square

Assembly Units

Unit A

- 4 pc - 2 ¼" Finished QST
- 4 pc - 2 ¼" Finished QST



Press seams towards the dark to make 4 two-tone triangles.

*Trim again using 2 ¼" HST before sewing to the next unit in case your seam is not accurate.

Unit B

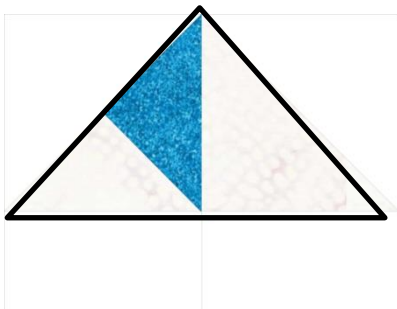
- 4 pc - 2 ¼" Finished HST
- 4 pc - 2 ¼" Finished HST



Press seams towards the dark fabric to make 4 - 2 ¼" squares.

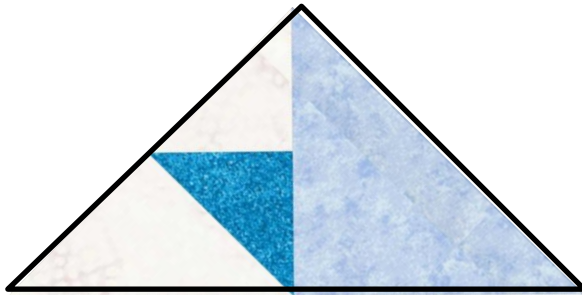
Unit C

- 4 pc -Unit A
- 4 pc - 2 ¼" Finished HST



Press seams open to reduce bulk. Makes 4 C units.

Assembly Units



Unit D

- 4 pc Unit C
- 4 pc - 4 1/2" Finished QST

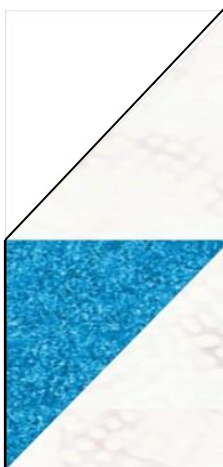
Press seams towards the larger, added triangle.
Makes 4 D units.



Unit E

- 4 pc Unit D
- 4 pc - 4 1/2" Finished HST

Press seams towards the dark fabric. Makes 4 E units.

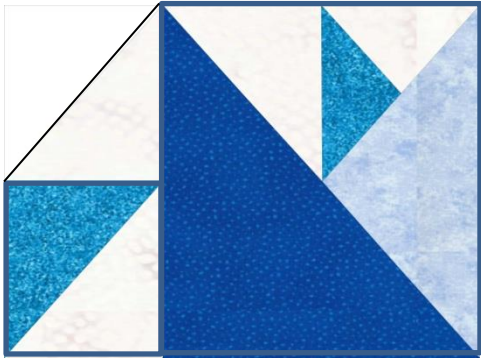


Unit F

- 4 pc Unit B
- 4 pc - 4 1/2" Finished QST

Press seams towards the new triangle. Makes 4 F units.

Assembly Units



Unit G

- 4 pc Unit B
- 4 pc Unit E

Press seams open to reduce bulk.

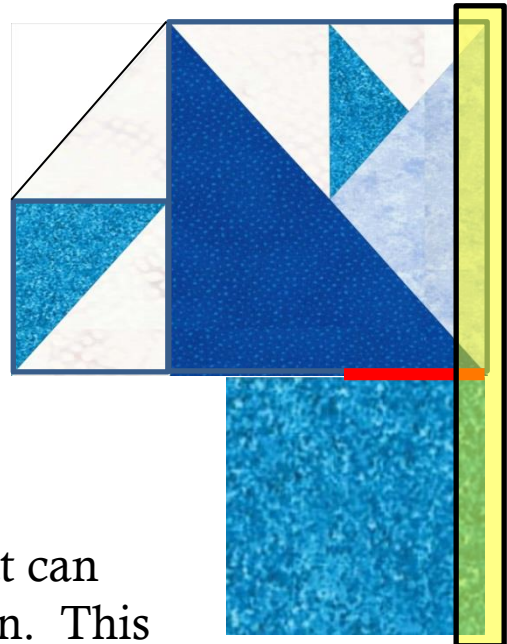
Unit H

Requires partial seaming technique.**

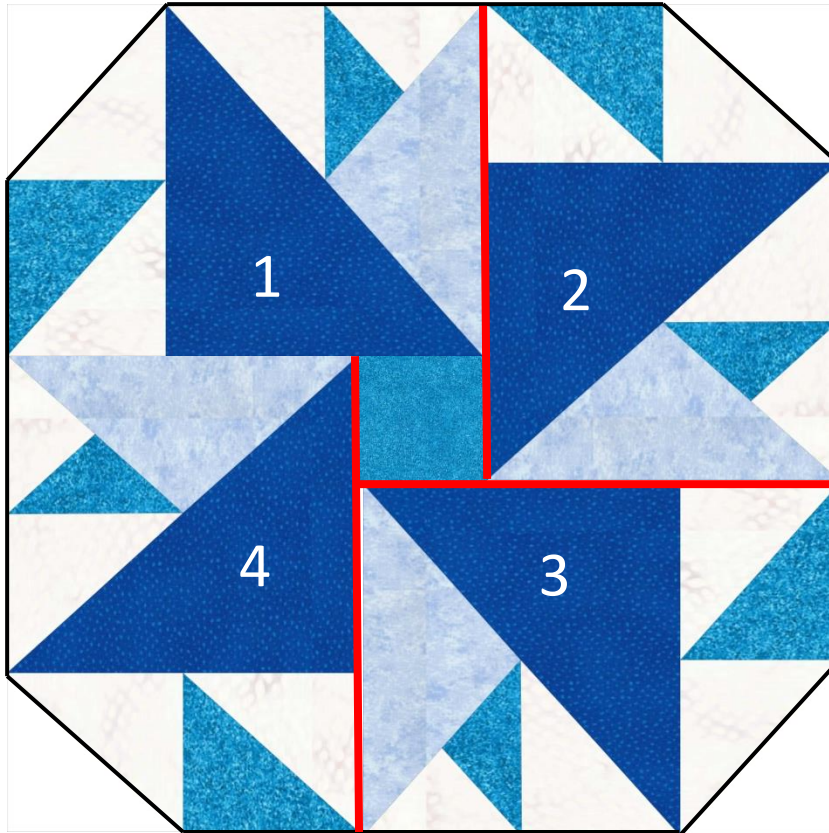
- 1 pc – 2 ¾” square medium fabric or contrast
- 4 pc Unit G

To start the partial seaming for the next assembly unit H, stitch the 2 ¾” square to a unit G but only stitch a short distance as shown by the red marked line.

This completes a longer seam that can now accept another unit G section. This long section is indicated by the yellow highlight bar.



Assembly Units



Unit H

Add the next G unit until the unit looks like the image above. After adding the 4th unit, you can complete the seam between units 1 and 4 and complete unit H.

Press all seams in towards the center block.

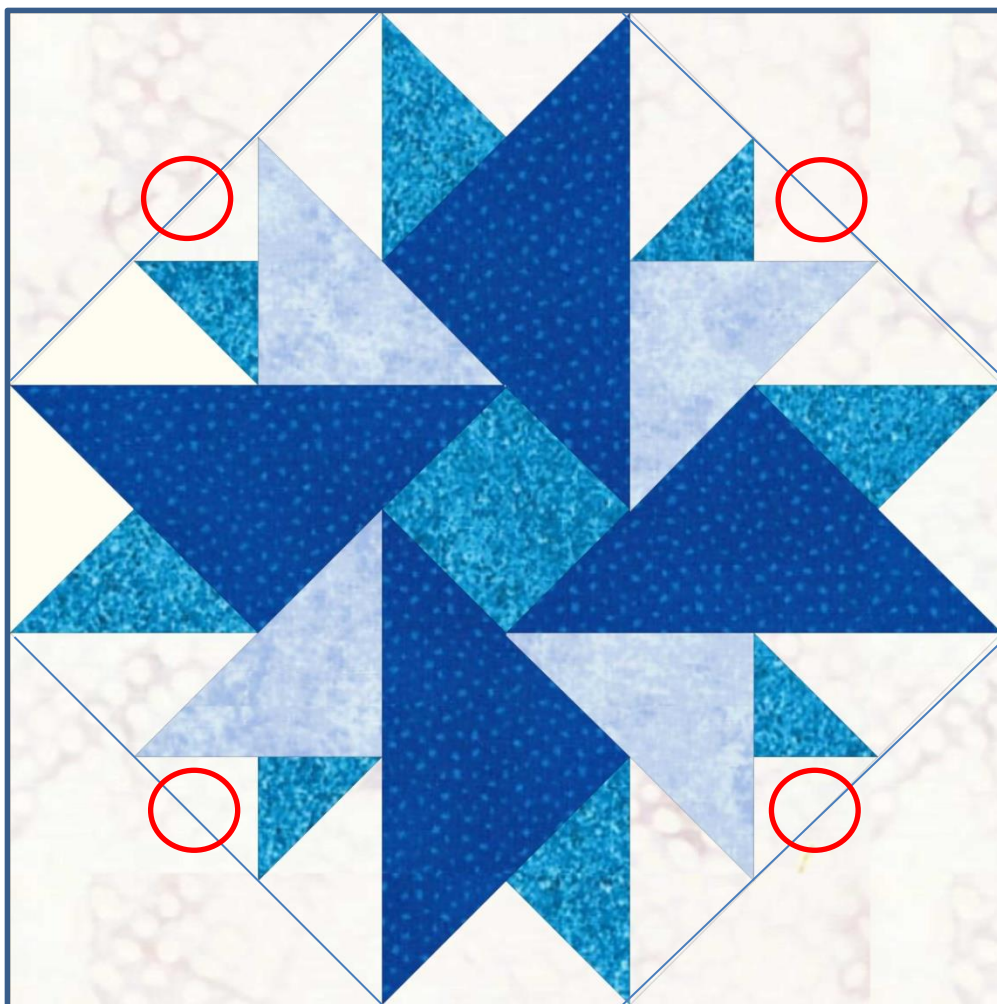
**Here is a video link for a partial seaming demo and block assembly:

<https://youtu.be/-mLsa1SuCCc>

Final Assembly

- 4 pc – 5” Finished HST. Fold the triangles to find the middle of the longest side. Match that to the block centers at the red circle marks to align the triangles properly along their longest sides.

Press seams toward the outside of the block to reduce bulk. Square up block after pressing the seams. Add borders if desired. Then quilt using the Flower Power quilting templates from Westalee Designs.



Your Quilt Plan

Here you can take notes and plan your quilting designs for your block. Copy this and create a few plans if desired.

