Stuffed Pepper Soup

This soup has everything you like about a <u>classic stuffed pepper</u>—ground beef, rice, tomatoes, and CHEESE. Something about sprinkling some cheese (especially if it's white cheddar) over a hot cup of soup, almost brings a tear to your eye! But don't forget this soup is *filled* with sweet bell peppers, tender beef and hearty rice. It's perfect on its own or served with <u>cornbread</u> or a <u>salad</u>. Switch things up by swapping the rice with a small pasta or other grains like quinoa or farro or use ground chicken or sausage in place of ground beef.

Ingredients

- 1 tbsp. extra-virgin olive oil
- 1 red bell pepper, chopped
- 1 green bell pepper, chopped
- 1 yellow bell pepper, chopped
- 1 onion, chopped
- 2 cloves garlic, minced
- 1 lb. ground beef
- Kosher salt
- Freshly ground black pepper
- 6 c. Swanson Chicken Broth
- 1 (28-oz.) can crushed tomatoes
- 1 (14-oz.) can fire-roasted diced tomatoes
- 2 tsp. dried oregano
- 1 c. white rice
- Shredded white cheddar, for serving
- Freshly chopped parsley, for serving

Directions

 In a large pot over medium heat, heat oil. Add bell peppers and onion and cook until soft, 7 minutes. Add garlic and cook until fragrant, 1 minute. Add ground beef and season with salt and pepper. Cook until no longer pink, 7 minutes. Drain fat and return to heat.



- Add broth, crushed tomatoes, diced tomatoes, and oregano. Bring to a boil then reduce heat to a simmer. Add rice and simmer, covered, until rice is tender, about 40 minutes, adding water if necessary. Season with salt and pepper to taste.
- 3. Garnish with cheddar and parsley before serving.

Almond Joy Cookies - Just 4 Ingredients!

These easy Almond Joy Cookies take just four ingredients and don't even require a mixer! No beating, no chilling, just mix 'em up and throw 'em in the oven EASY! You're going to love these ooey gooey fabulous cookies!

Ingredients

- 1 14 oz bag sweetened coconut flakes
- 2 cups semi-sweet chocolate chips
- 2/3 cup chopped lightly salted almonds I used Blue Diamond Low Sodium Lightly Salted - light blue bag
- 1 14 oz can sweetened condensed milk regular or fat-free works

Instructions

- 1. Preheat the oven to 325F.
- 2. Line a large baking sheet with parchment paper and set aside.
- 3. In a large bowl combine coconut, chocolate chips, almonds, and sweetened condensed milk.
- 4. Stir until combined.
- 5. Scoop out dough with a cookie scoop onto prepared baking sheet.
- 6. Moisten the tips of your fingers with water and shape into discs. Pat the tops flat.
- 7. Bake cookies for 12 to 14 minutes or until tips of coconut are just starting to turn golden brown.
- 8. Let cool on baking sheet.
- 9. Store cookies in an airtight container.



Wassail (aka Hot Apple Cider)

Ingredients

8 cups apple cider
2 cups orange juice
1/2 cup lemon juice
4 whole cinnamon sticks
12 whole cloves or 1 teaspoon ground cloves
1/4 teaspoon ground ginger
1/4 teaspoon ground nutmeg



Instructions

- 1. Combine all ingredients in a large pan.
- 2. Bring to simmer over medium-low heat. Reduce heat and continue simmering for 45 minutes. Ladle into cups or mugs and enjoy!