

*Janet Collins Designs*  
*'From the First Stitch to the Last'*  
*Coffee and Cream*

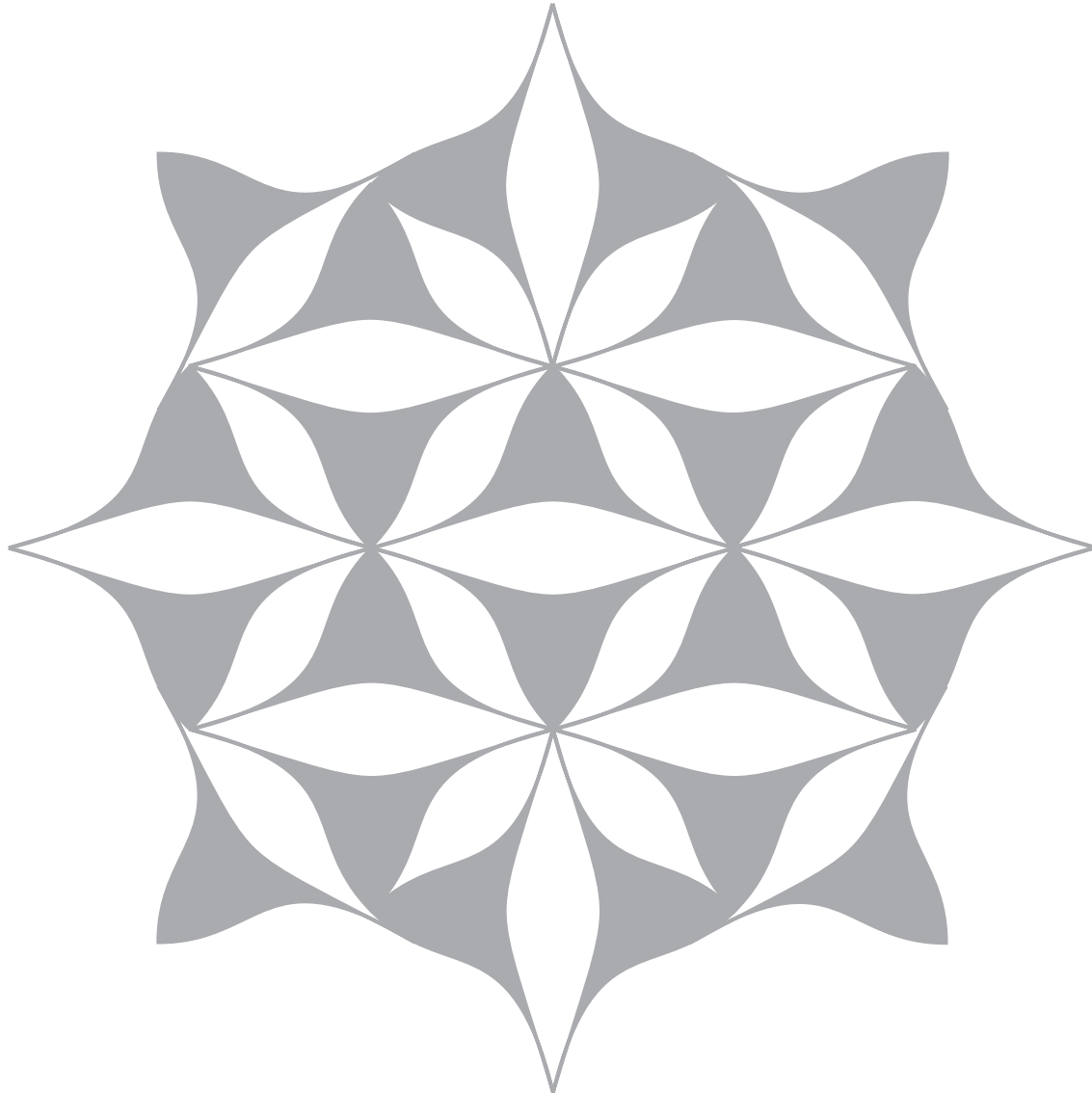
*Using Westalee Design Templates*



**Designed by Janet Collins**

**Accredited Westalee Design Teacher**

*Westalee Design Approved Pattern*



Every attempt has been made to ensure the accuracy of this book. However please remember that I am only human. If you do find an error, please gently let me know so that I can correct it.

Kindest Regards

*Janet*

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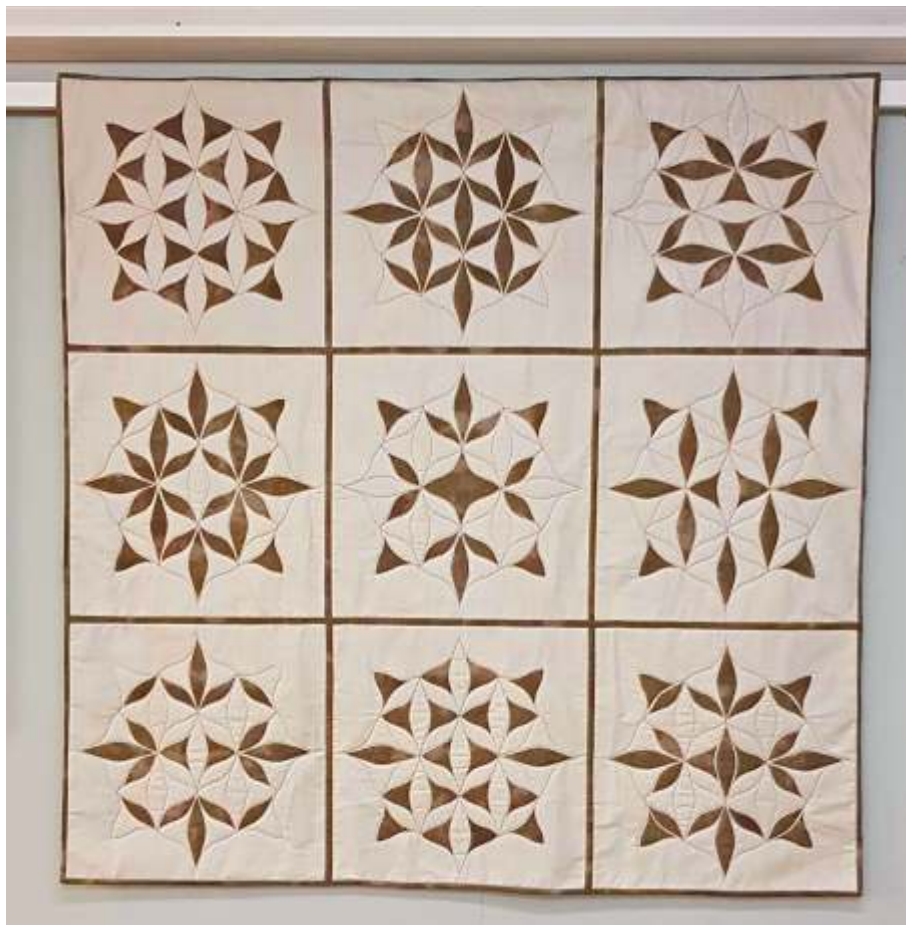
# *Janet Collins Designs*

**'From the First Stitch to the Last'**

## *Coffee and Cream*

**Coffee and Cream** was designed to show you how versatile **Westalee Design** Templates can be. I set myself a challenge to see what I could do with just ONE template. The result is a single design that changes when you "**TempLeeQuilt**" it. I had so much fun deciding and could have made another 20 different variations for the quilt, but stopped at these Nine blocks. If you would like to make this for a single, double, queen or king bed create more blocks.

I hope you enjoy playing with design as much as I do.



**Coffee and Cream** is a quilt made using **Westalee Design's** new technique called '**TempLeeQuilt.**' This technique allows you to Quilt and Raw Edge Applique all at one time using templates from **Westalee Design.**

This book will guide you step by step on how to create the designs you see. This quilt is constructed using Westalee Design's '**Sash As You Go**' technique to make a flat and beautifully finished quilt.

# Coffee and Cream

## Requirements List

Westalee Design Ruler Foot for your machine.  
Westalee Design 4" Flying Bell Curve Template.  
If you have the Full Bell Curve set you will already have this template.  
12 1/2" Crosshair Ruler  
Erasable Marking Pen  
Sharp Scissors for trimming.  
Self Threading Needle

## Fabric Requirements

3 metres for the top fabric (Cream ) - this includes the sashing strips  
3 metres for the bottom fabric (Coffee) - Includes sashing strips.  
3 metres for the contrast fabric ( Coffee)  
9 x 18" squares of paper backed adhesive webbing.  
9 x 20" squares of batting.

Quilting Thread that matches your 'coffee' fabric colour. Remember to use a thread that is suitable for quilting rather than piecing. You will get a much better result.

This quilt is made using genuine **Westalee Design** products. No responsibility is taken if non genuine products are used.





## What is TempLeeQuilt™ ?

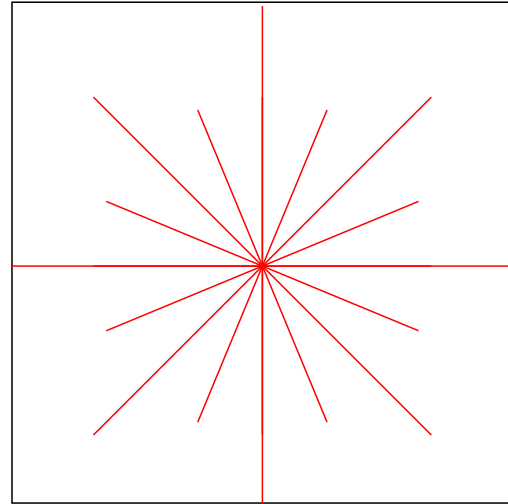
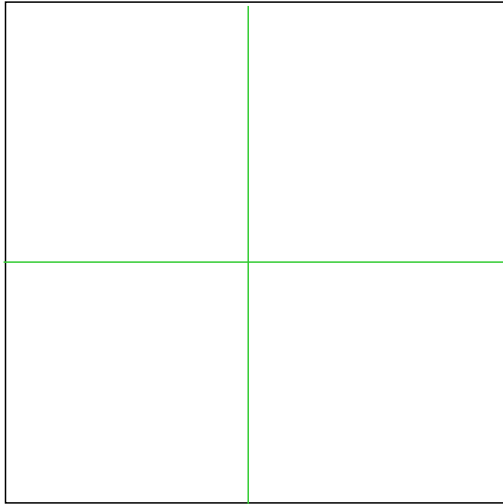
**TempLeeQuilting™** is a technique invented and developed by Leonie West where using **Westalee Design Templates**, you create applique (raw edge) and quilting using a 1 quilting stitch process.

1. Choose the quilting design.
2. Apply fusible web to the wrong side of the fabric to be cut away.  
follow the manufacturers instructions for the fusible web  
We recommend using only 1 or 2 layers of fabric to be cut away (too many layers can be difficult and messy to cut away).
3. Make a quilt sandwich.  
Backing  
Batting  
Backing layer. *(This fabric will not be cut away and does not need fusible)*  
Feature Fabric 1 ( with fusible web). See page 5 for more instructions for this quilt.
4. Quilt following our directions.
5. To reveal the layers, cut away the chosen areas 2mm to 3mm from the stitch line.  
When using fusible webbing I gently press the quilt after cutting away to fuse the layers.
6. You have now completed your **TempLeeQuilt™**

Go to Westalee Design's Youtube channel for complete instructions how to quilt using the TempLeeQuilt technique

# How to use the Westalee Design Crosshair Ruler

These instructions for marking in Crosshair Reference Lines will be used throughout the quilt. When you are asked to mark in the Crosshair Reference Lines, please refer back to this page.



## How to prepare your fabric

Fold the top fabric into quarters and finger press to give you accurate centring lines on the bigger blocks. **Green lines.**

Place your Westalee Design Crosshair Ruler in the middle of the block to be quilted over these folded lines. Make sure that all the reference lines line up. Take your time, be accurate. It will make a huge difference to the finished design and to the use of the Westalee Design Templates in the blocks of this quilt. **Red Lines**

Using your preferred marking pen, draw inside the slots on the Crosshair Ruler. Also be sure to mark the dot in the middle hole. Do all this carefully and make sure that you don't move your Crosshair Ruler.

There are many types of marking tools that you can use to mark your reference lines. The best marking tools are the ones that you can remove from your fabric easily. Markers for white fabric will differ from markers for dark fabric.

The slots on the Crosshair Ruler were originally designed to take the Chaco Chalk Roller Markers. I used to use white on darker fabrics. However if you mix 1/8th of a grey refill with the white this allows you to mark all colours of fabric.

Thanks Leonie for this great tip.

I also use many other types of markers as well. The marker I use depends on the use of the quilt. If it is going into a show, great care must be taken to make sure that all the marks come out. ALWAYS test your markers BEFORE you use them on your quilt top.

For darker fabrics I use white chalk, and for light fabrics, Leonie has taught me to use white chalk with cinnamon. It comes out easily, you can see it and it smells divine.

# Coffee and Cream

## Preparation for Quilting

Cut 9 x 20" squares from the top fabric  
Cut 9 x 20" squares from the back fabric  
Cut 9 x 20" squares from the contrast fabric  
Cut 9 x 18" squares from the paper backed fusible web  
Cut 9 x 20" squares of batting.

Apply paper backed fusible web to the wrong side of each of the 9 **TOP** 20" squares using the manufacturers instructions.

On the **RIGHT** side of the prepared squares, draw in 8 Crosshair lines.  
Extend all the lines right out to the edges of the prepared squares. Do this for all 9 of the 20" squares.

Making a  sandwich

Lay the batting square **wrong side up**, on your table.

**Lightly** spray the batting block with spray adhesive.

**Remember that we are BASTING NOT GLUEING.**

If you spray the fabric instead of the batting you can create a 'drag' effect when quilting.

I once had a student who did this quite unintentionally who sprayed too much on the fabric side. No matter what we did, we couldn't get her fabric to move smoothly. After a few words, I finally figured out that there was glue on the bottom fabric and that was the problem. So take care with the Spray Baste....lol...

Gently lay the backing square on top of this and smooth it out.

Turn the block over so that the batting is now on top..

Spray the top of the batting lightly, then lay the contrast square on top. Smooth it out.

Remove the paper backing off the Top paper backed square.

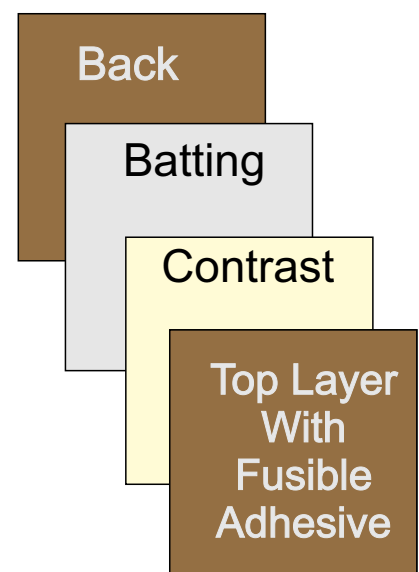
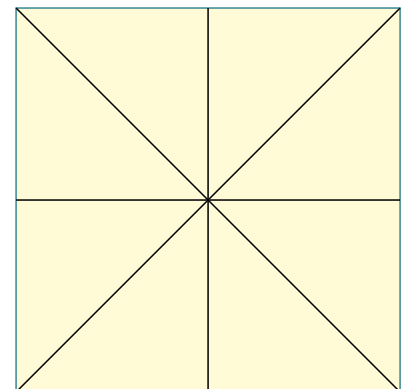
Lay the top fusible backed fabric on top of the others these.

**Make 9 of these**

**DO NOT IRON** at this stage.

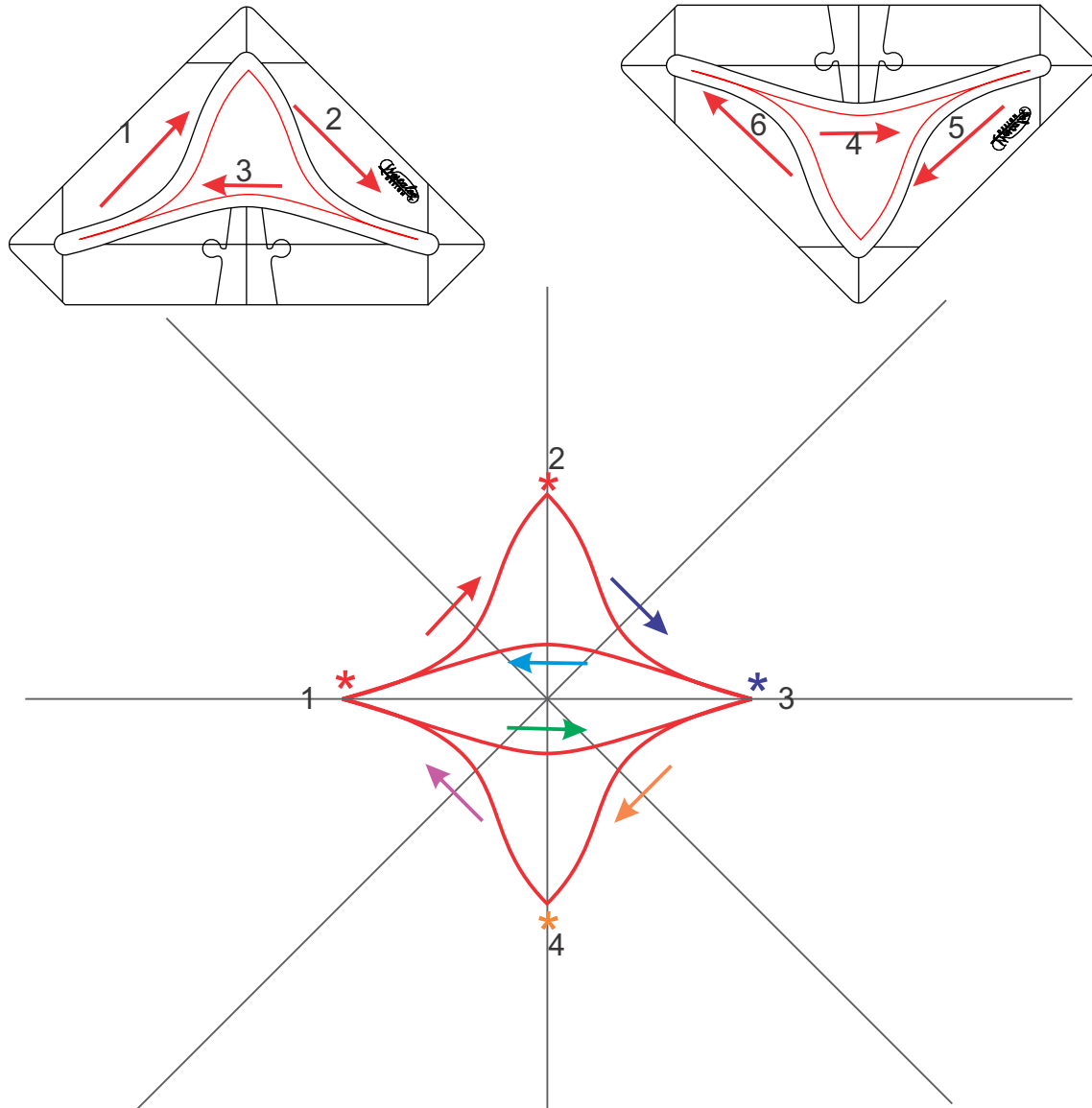
If you find that it moves a little, just put a pin in each corner.

We don't want this layer pressed down just yet.



# Coffee and Cream

## Step One



Following the Instructions that came with your Flying Bell Curve Template, quilt one complete Bell Curve and then mirror it as above.

Quilt from 1 to 2, \* then 2 to 3. \* then 3 to 1. \*

Rotate the template to face downwards.

Quilt 1 to 3, \* 3 to 4 \* then 4 back to 1. \*

Tie in your ends with a needle to keep it neat and tidy. I do this as I go as it stops threads being caught up unintentionally .

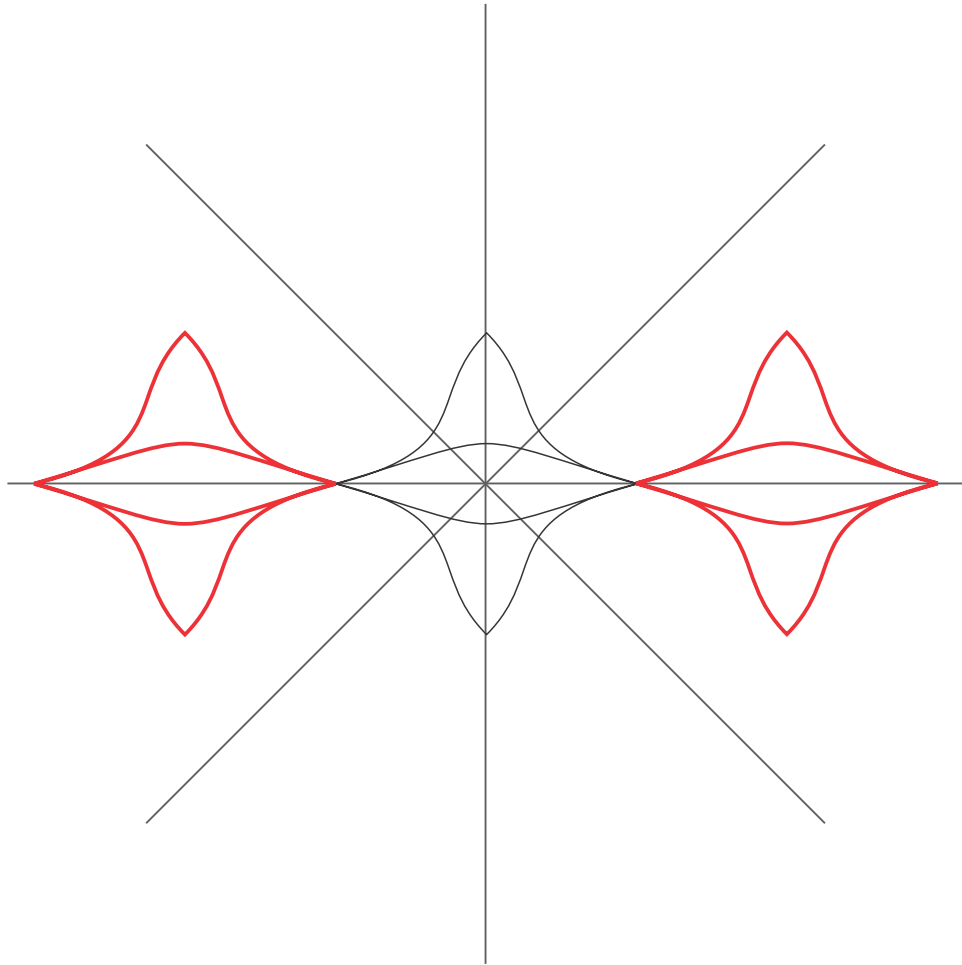
This is the basic shape of all the units of this block. Easy peasy.

**Go to Westalee Design's Utube site to see a video on how to sew a Flying Bell Curve.**



# Coffee and Cream

## Step Two



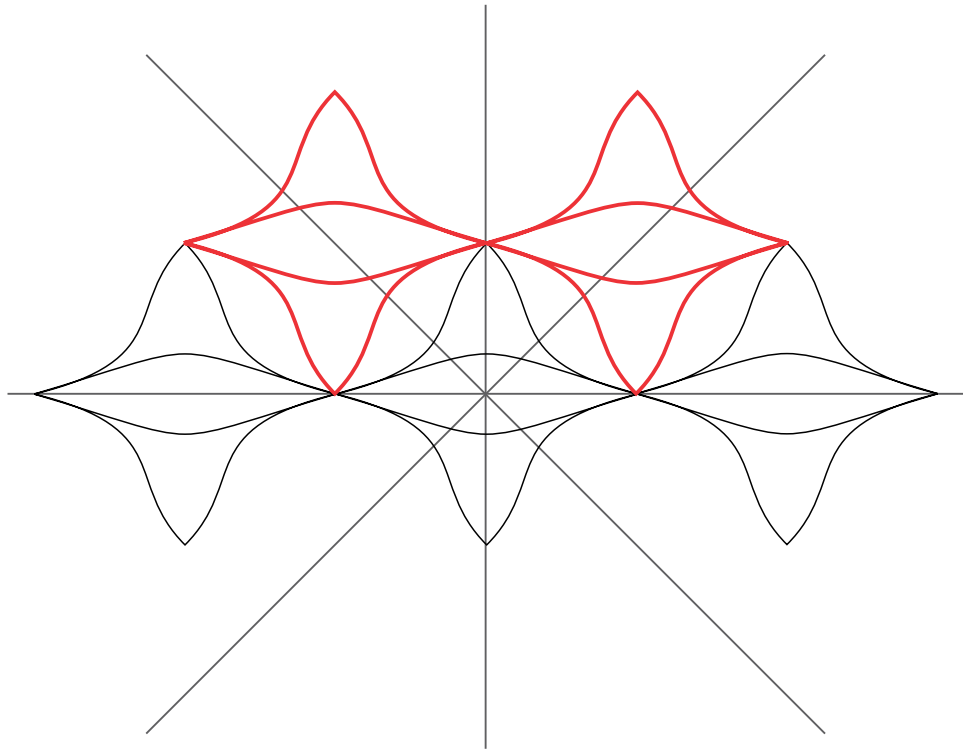
Following the directions on the previous page quilt a Double Flying Bell Curve on both sides of the centre block as shown in **Red**.

If you look carefully, you will see that there is a pathway that you can follow so that you don't have to break your threads. You can quilt this either way.

Make sure that you position the Template correctly.

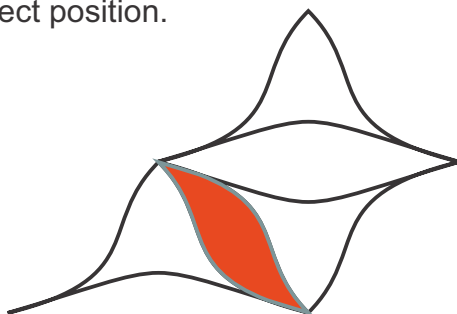
# Coffee and Cream

## Step Three

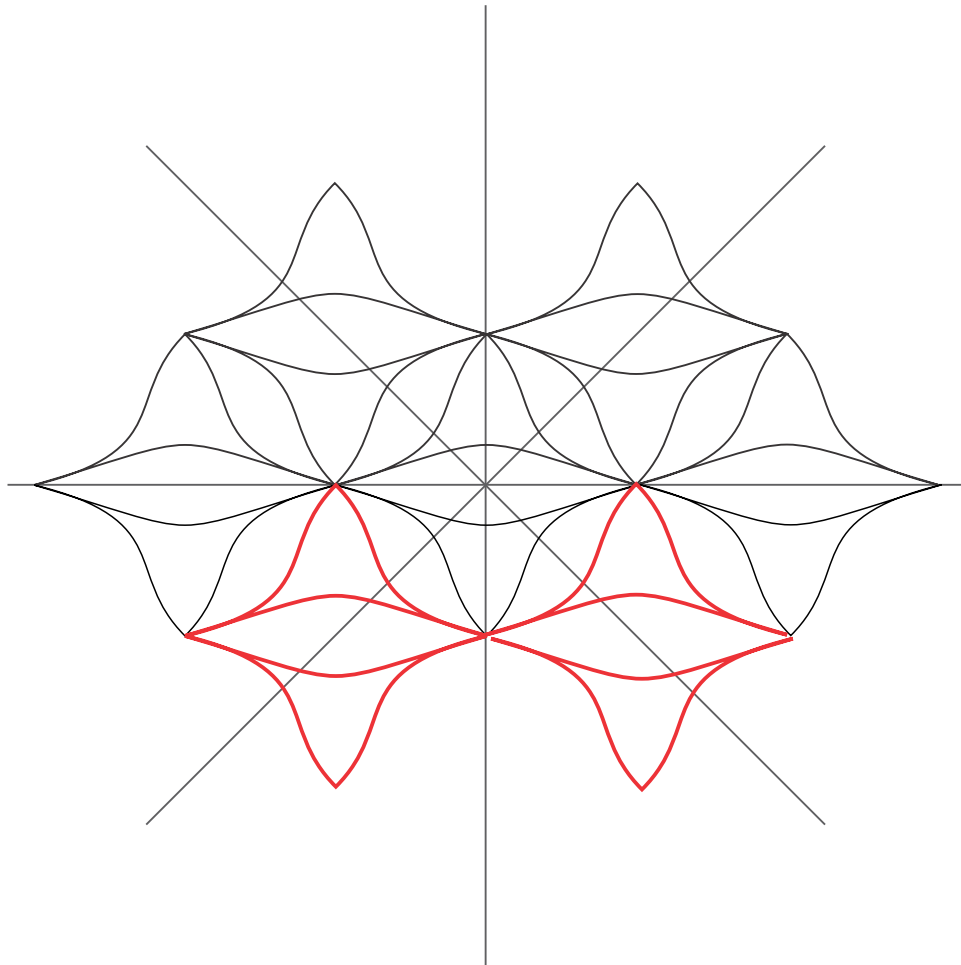


Add Two more Double Bell Curves to the top as shown in **Red**.

Again watch for the correct position.



## Step Four

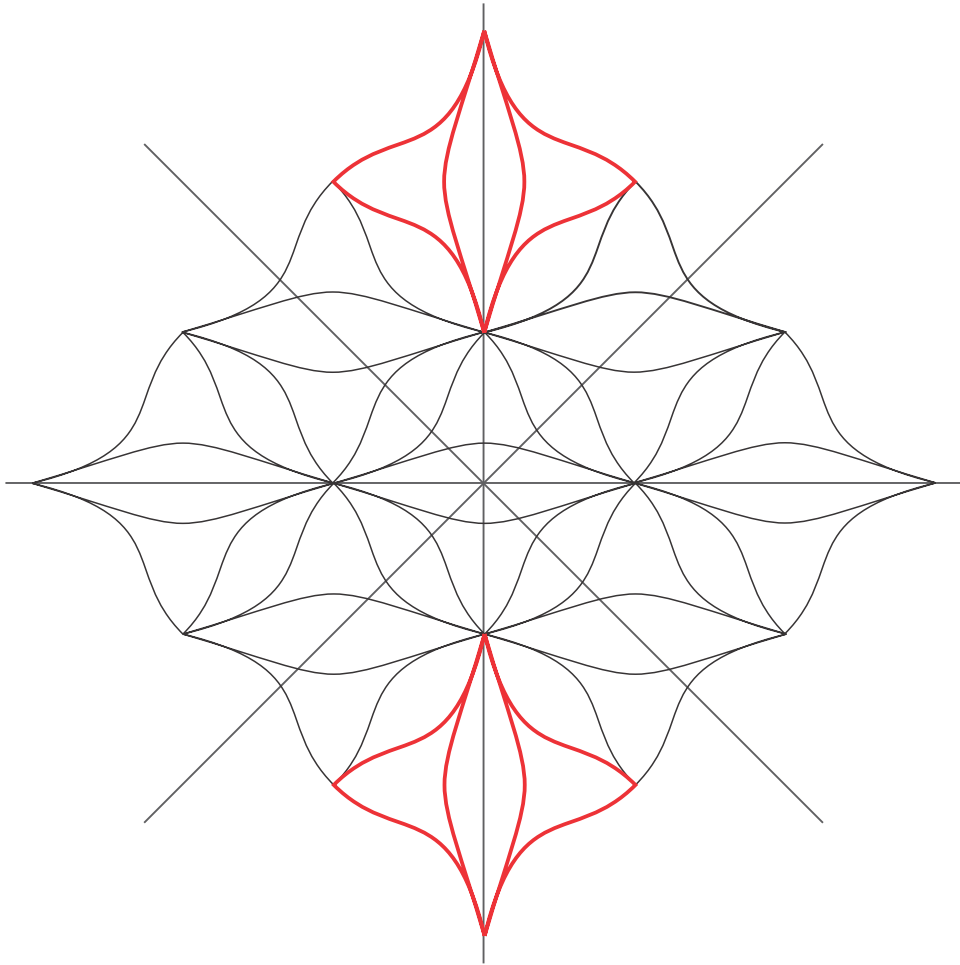


Add Two more Double Flying Bell Curves to the bottom as shown in **Red**.

Again check that the template is the correct way before stitching.

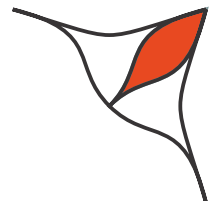
# Coffee and Cream

## Step Five



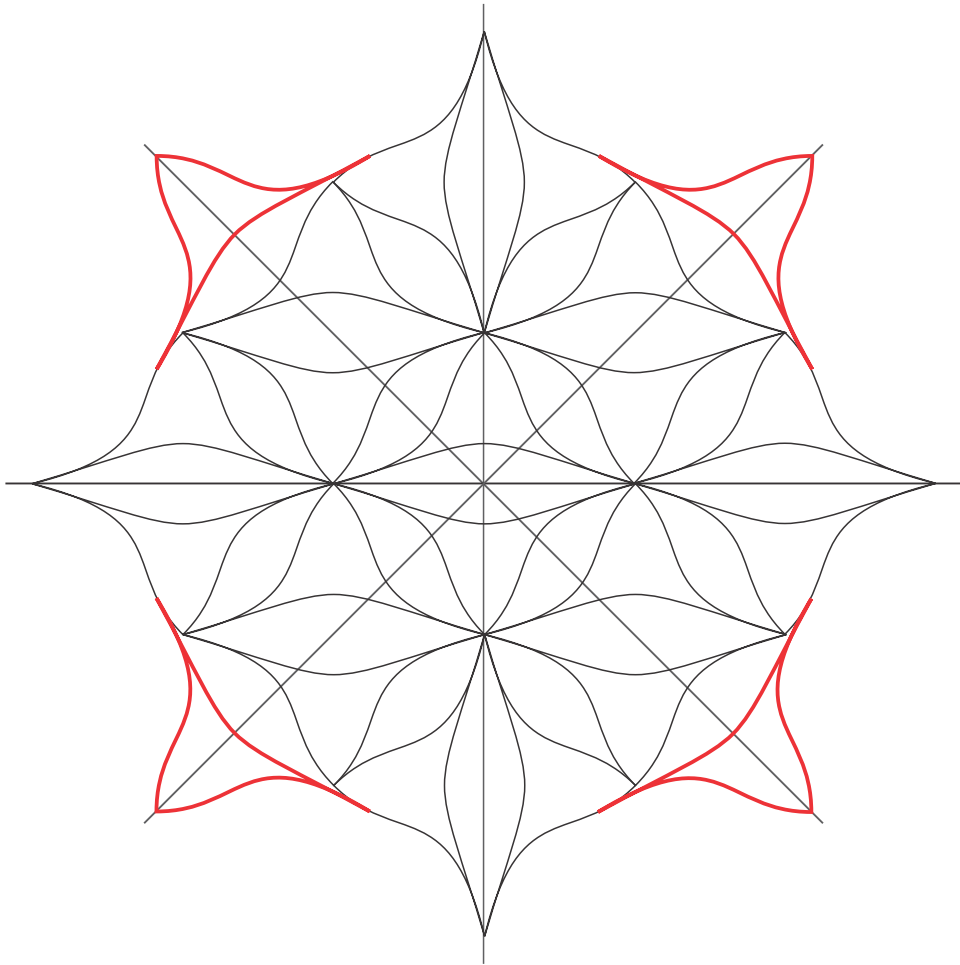
Add One Double Flying Bell Curve to the top and bottom as shown in **Red**.

Because of the shape of the template and in this step you are turning it sideways, the shape will change. It is just that the template is turned 90 degrees so it will quilt differently. Isn't this a clever template. Thanks Leonie.



# Coffee and Cream

## Step Six

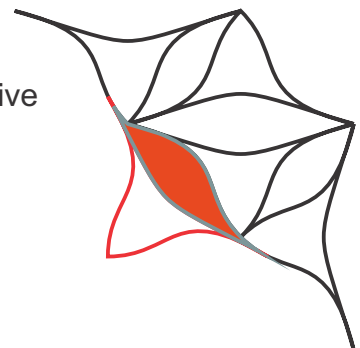


Using the reference lines as a guide add One Single Bell Curve to each corner as shown in **Red**.

Again you will see a different shape on the design. It is diagonal.  
See how the shape changes.

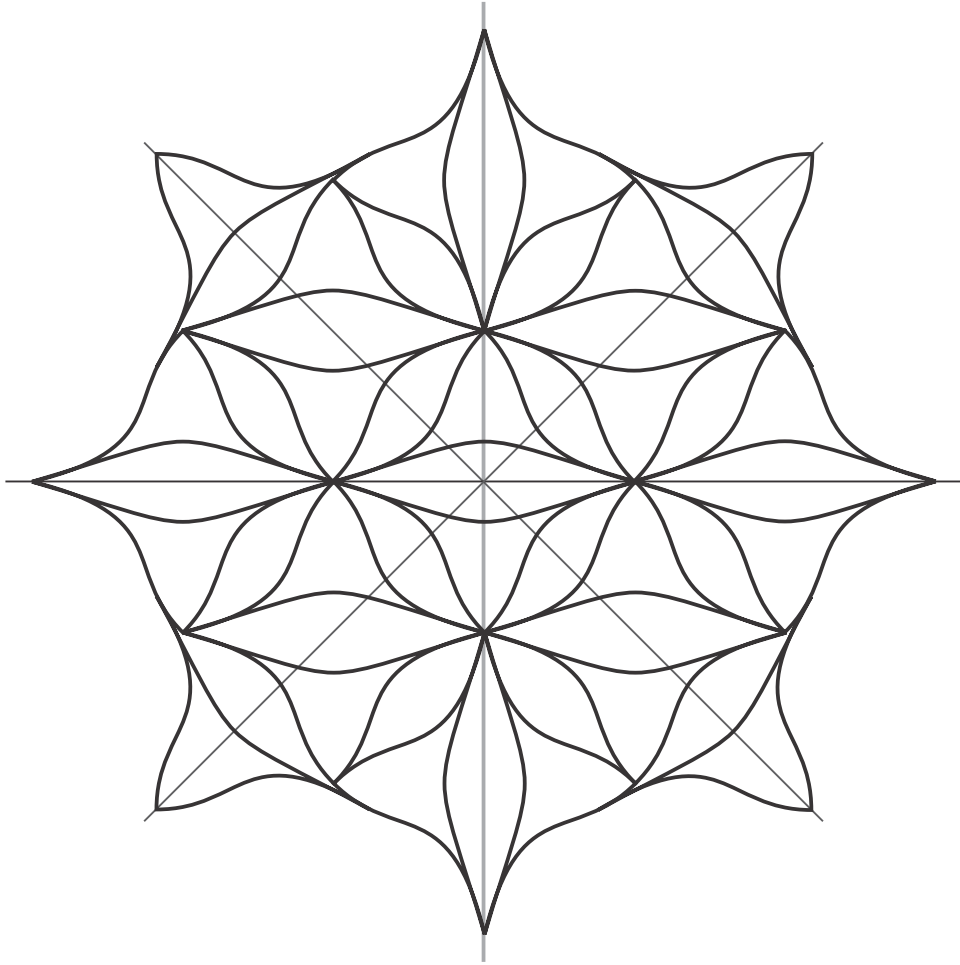
If you quilt yours differently from mine, instead of unpicking, why not live with it and do the same on all four corners. Make it your own.

This is what I call 'Design Modification' at it's best.



# *Coffee and Cream*

## **Finished Block**



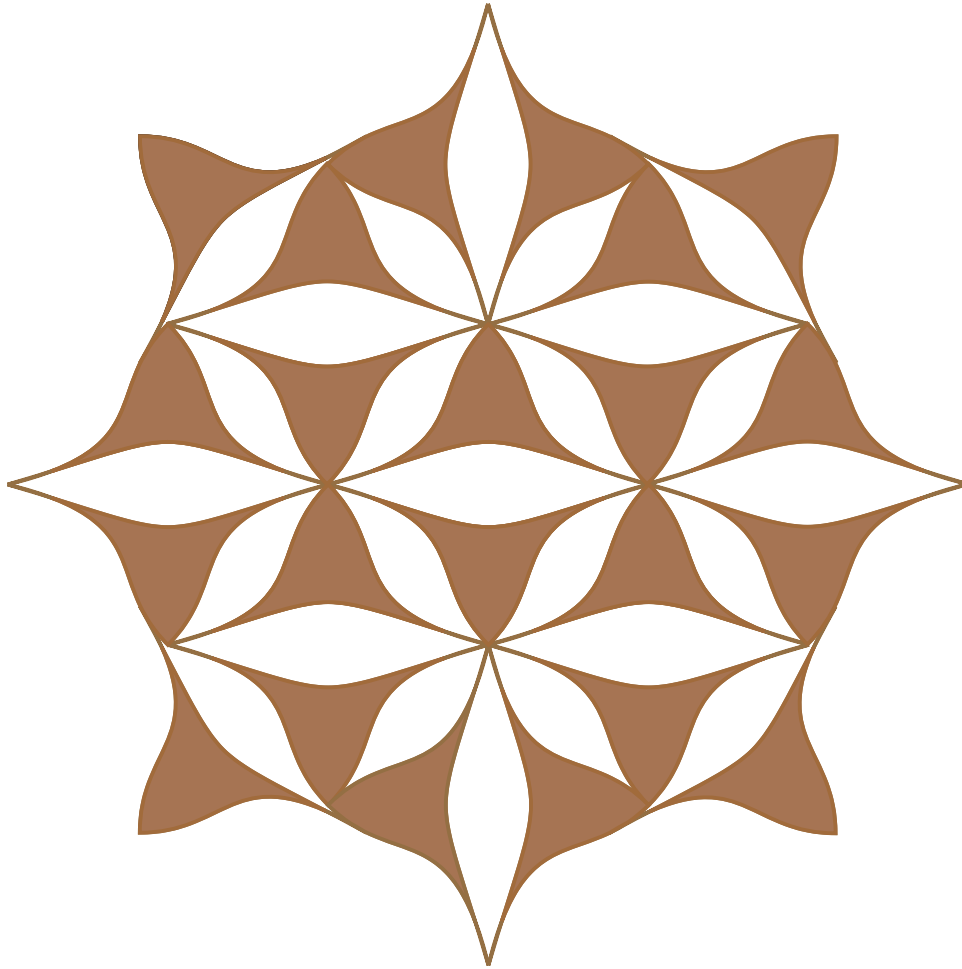
There you go...one block all finished. Make sure you sew in your thread ends for a beautiful neat finish on the back as well as the front.

On the next few pages I have shown you exactly where I trimmed each section back in my design. However, if you want to play and do your own thing, go ahead. It is so much fun.

Before you trim your blocks you can photocopy page 21 and colour it in to see what you can create before you cut out the sections on your actual quilt. See what you can come up with.

# *Coffee and Cream*

## **Block One Trim Diagram**



**Now it is time to create the magic.**

This is always an exciting process for me. I love to see what can emerge from what I have quilted. With this quilt I knew exactly what areas I wanted to trim out. However, sometimes I will just see what happens with each block. For this quilt I wanted to create one design and then create the pattern, depending on where I cut. Using the following Trim Diagrams as a guide, trim out the areas shaded in brown.

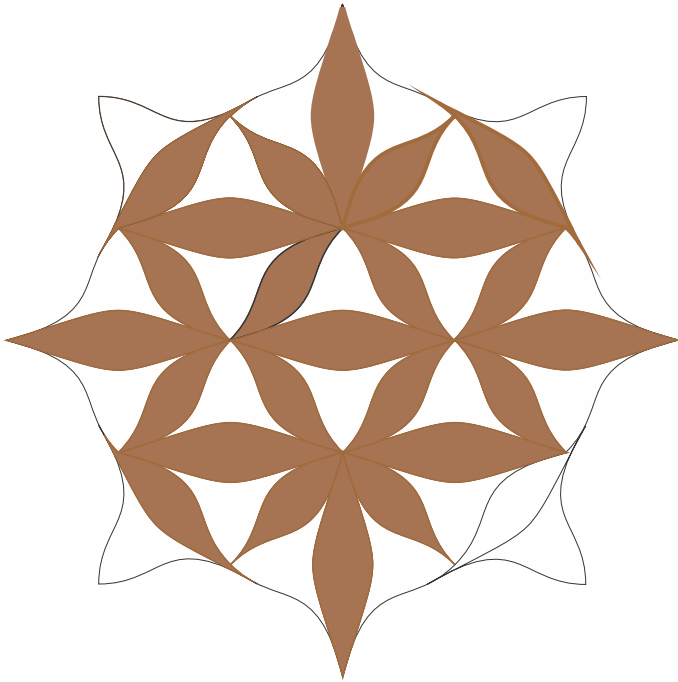
Trim about 2 -3 mm away from the stitching line. Try to create a smooth cut line rather than a jagged line. A jagged line usually indicates blunt scissors.

**Note:** If you trim somewhere by mistake, don't stress. Just cut the same piece on the opposite side and mirror below, This will create a different pattern. It is NOT wrong...just different. On the next few pages I have shown you where I have trimmed to create my designs. Have Fun....

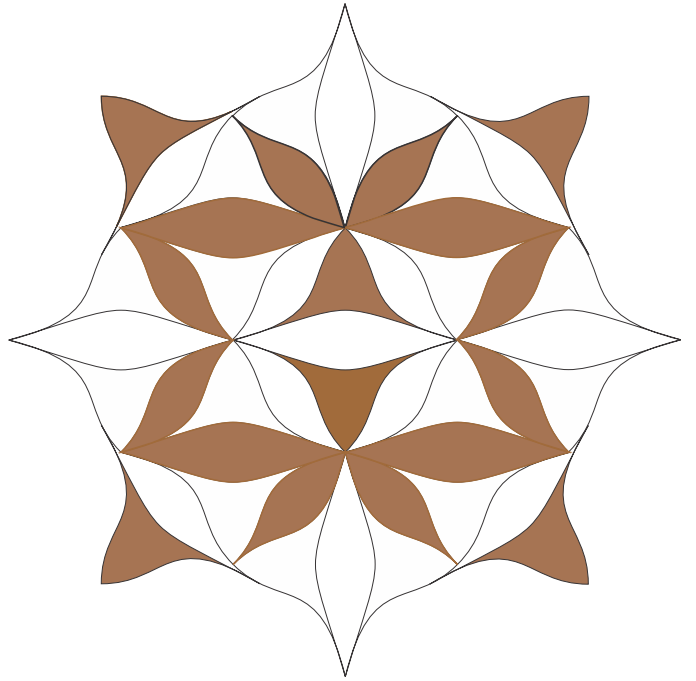
# Coffee and Cream

## Trim Diagrams

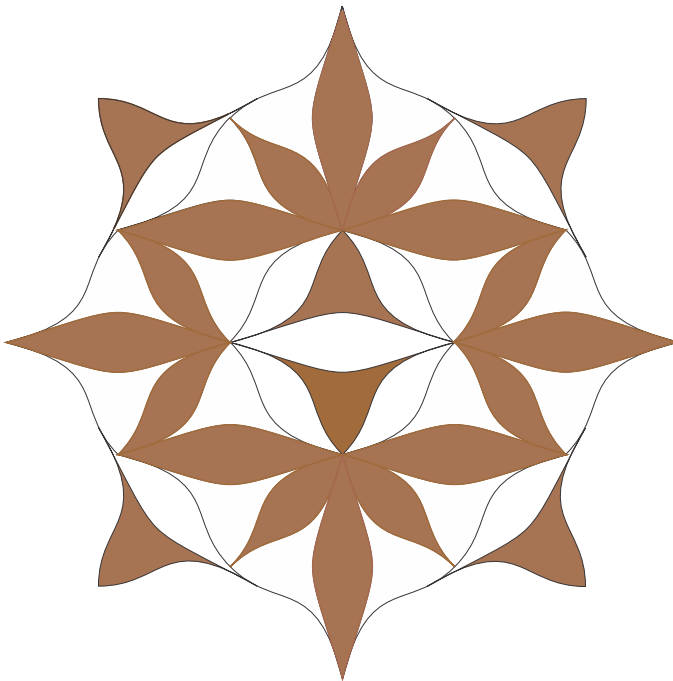
**Block Two**



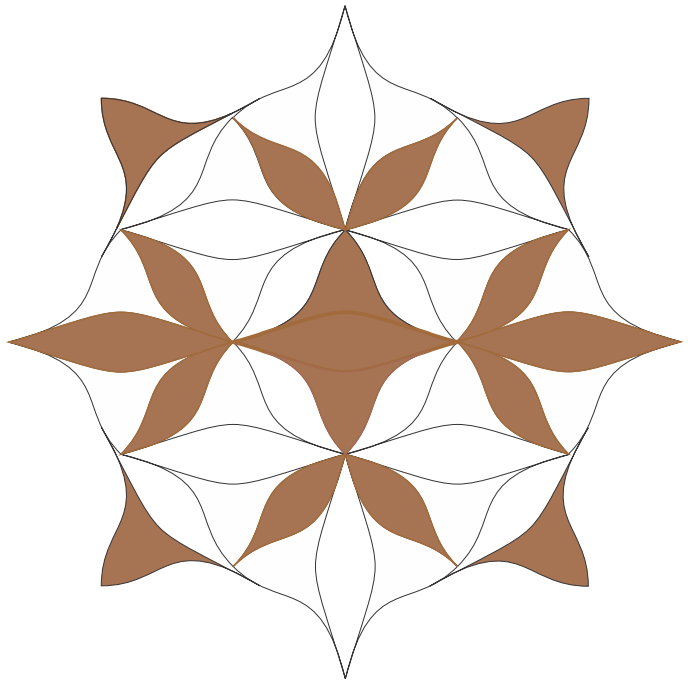
**Block Three**



**Block Four**



**Block Five**

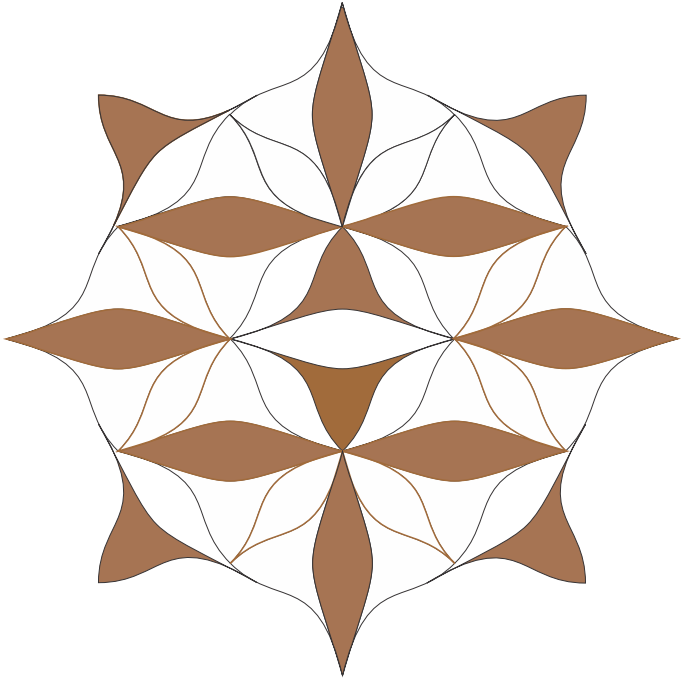




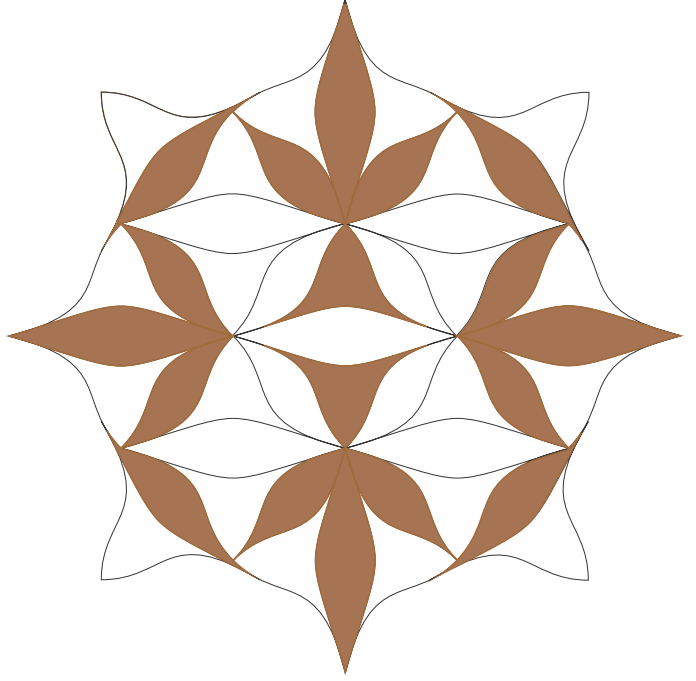
# Coffee and Cream

## Trim Diagrams

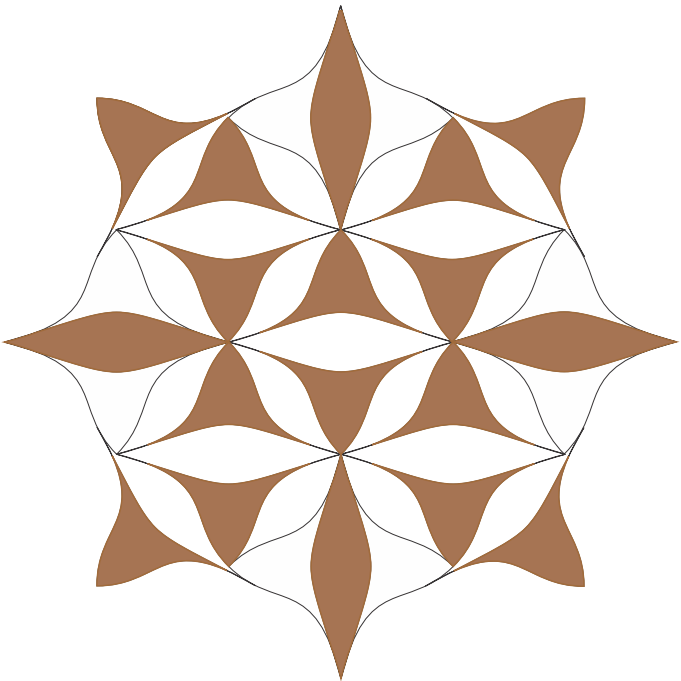
**Block Six**



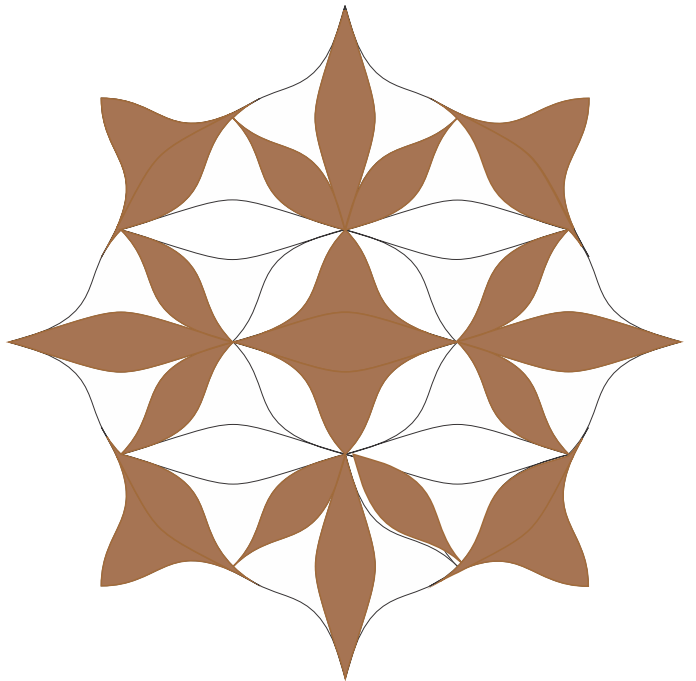
**Block Seven**



**Block Eight**



**Block Nine**



# Coffee and Cream

## Trimming Your Blocks

When Trimming your blocks when you have finished quilting using any QAYG method, Westalee call it the **Sash as You Go** method (SAYG). We found that if we wanted a 1/2" finished binding on our quilts, we had challenges getting a full binding if we cut all our blocks the same with a standard 1/4" seam allowance. To compensate for this Leonie West has come up with a brilliant solution.

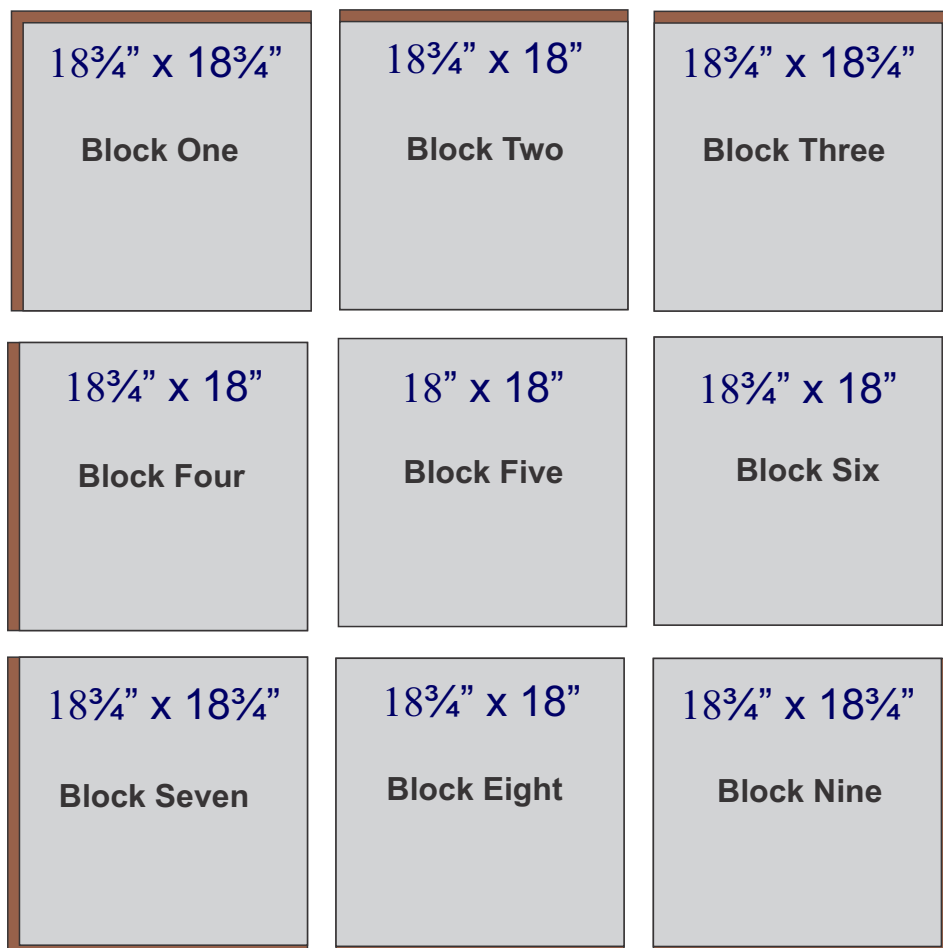
With the kind permission of Leonie West from Westalee Designs I have included Leonie's instructions that allow you to trim your blocks perfectly so that your designs are centred, but still allowing you to add a 1/2" binding to your quilt that is full, the way it should be. **Thank You Leonie.**

In Leonie's Instructions she shows you how to add the extra 1/4" seam allowance to the blocks to be cut. Her instructions use a 6" x 6" finished block, whereas ours will be 18" x 18" finished.

So here is how to cut the blocks in this quilt. It is a 9 patch really so we will only need **1** of each type of cut block.

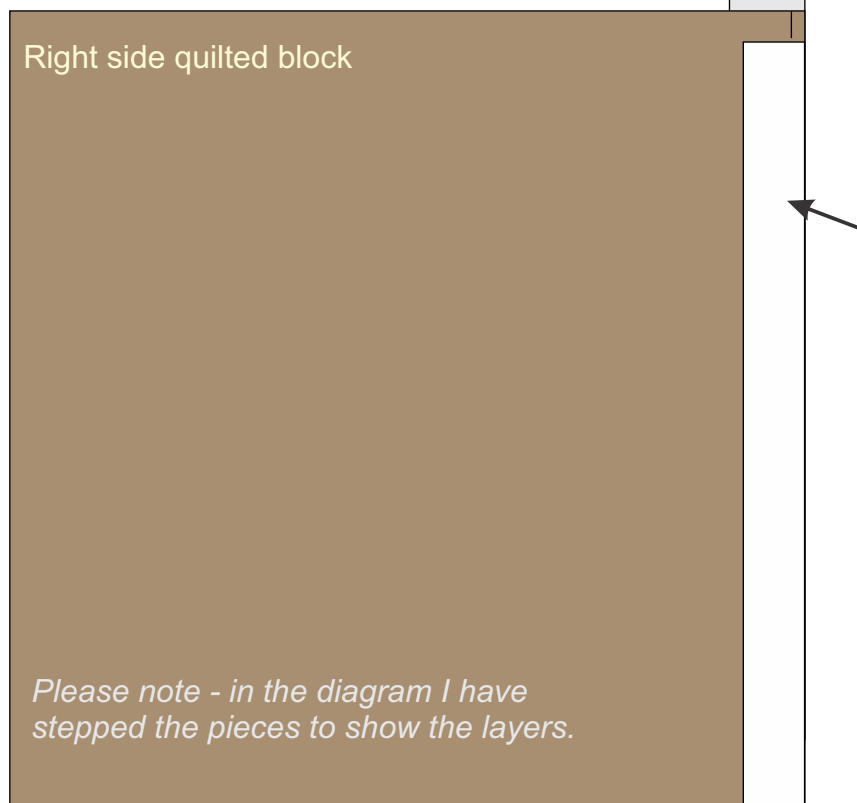
You will add an extra 1/4" to the **OUTSIDE** edges of the quilt (shown in brown). Refer to Leonie's instructions on the following pages for more detailed information.

Make sure that you label your blocks with the correct number so that you know where to sew them



# Coffee and Cream

## Sash As You Go the Westalee Way



Place the **back coverstrip** Right Side facing up.

Then place the quilted block Right Side facing up.

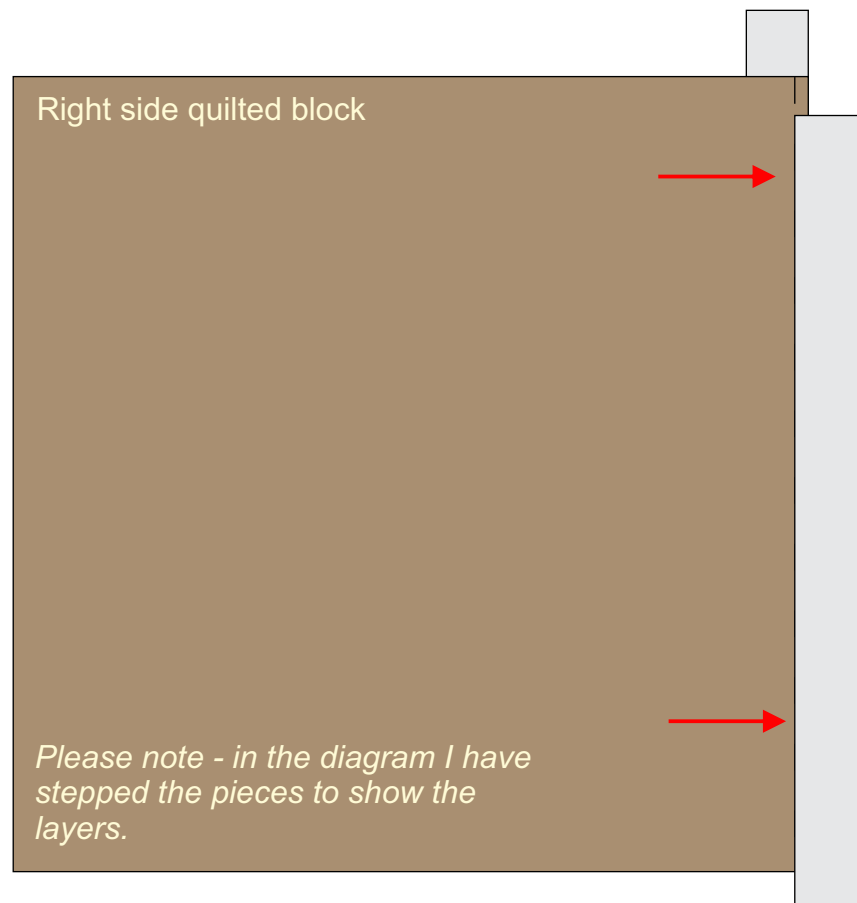
Front **coverstrip** Right Side facing down.

Align the fabrics.

I glue these pieces together using a fabric safe glue and a pin at each end and in the centre.

Sew using a Scant Quarter Inch Seam Allowance using the **SashLeeQuilt** Template. Watch the Westalee Design Video to show you how to do it.

Please note - in the diagram I have stepped the pieces to show the layers.

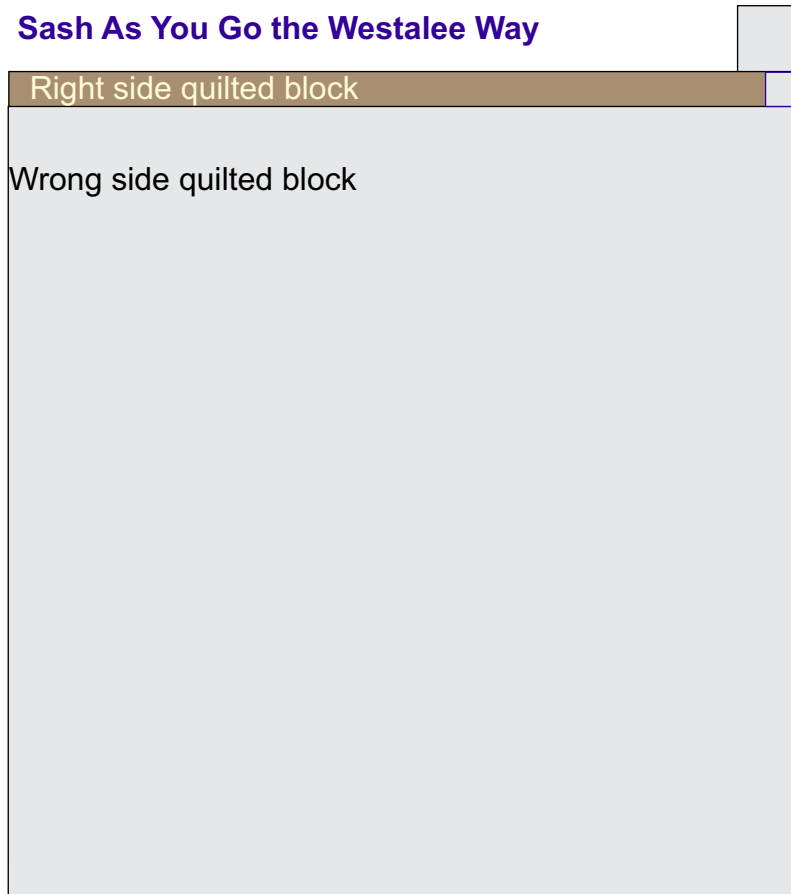


Press the top **coverstrip** over in the direction of **Red Arrows**.

**Go to Westalee Design Youtube channel for video instructions about the SashLeeQuilt technique.**

# Coffee and Cream

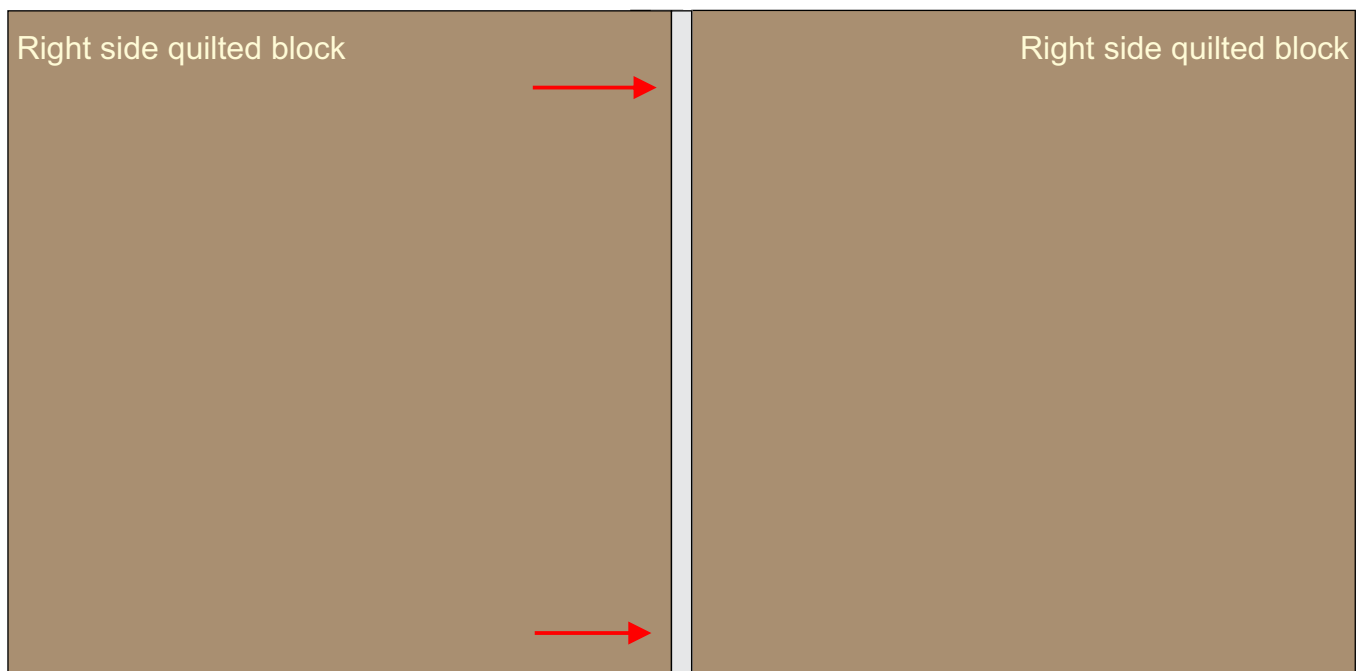
## Sash As You Go the Westalee Way



Sew the next block to the top **coverstrip** right sides together.

**Match top and bottom edges.**

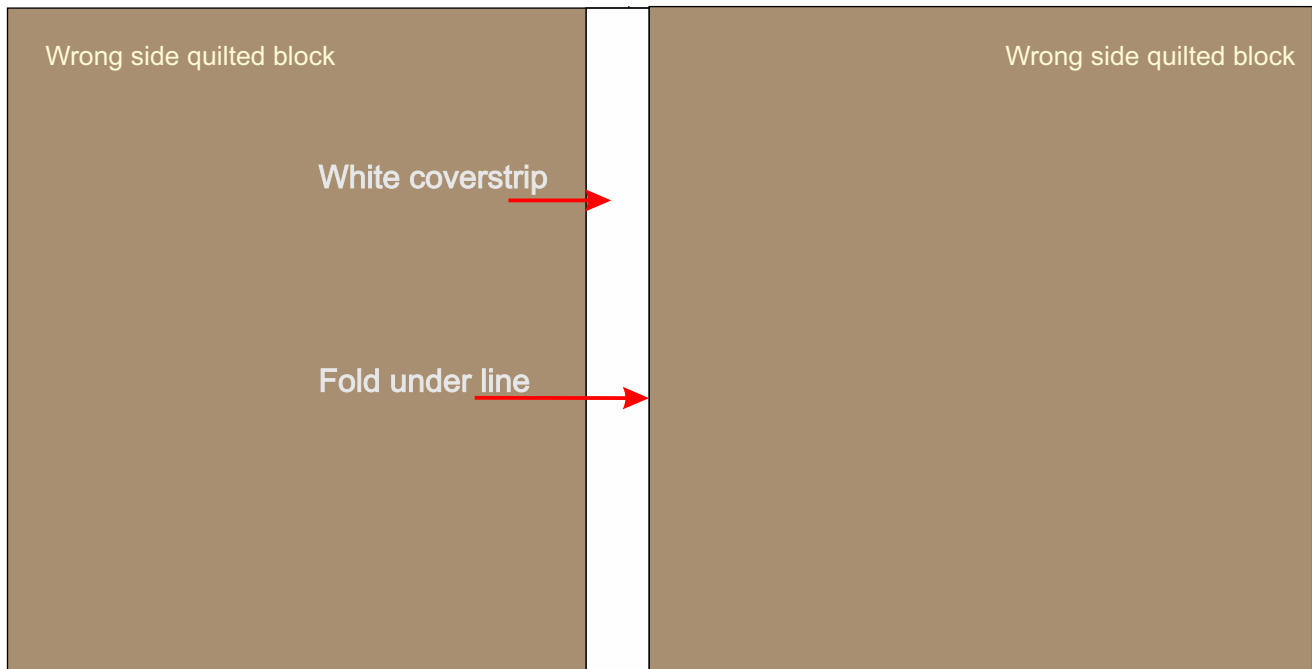
*Please note - in the diagram I have stepped the pieces to show the layers.*



Press the seam of the coverstrip inwards in the direction of the **Red Arrows**.

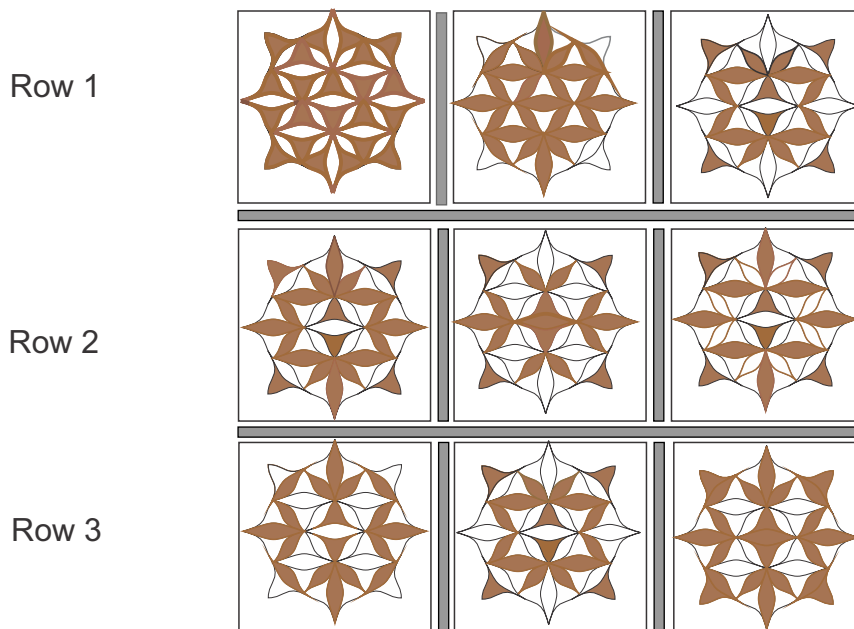
# *Coffee and Cream*

## **'Sash As You Go' the Westalee Way**



.With the back of the quilt facing press the coverstrip to the right.

Fold under 1/4" to match the stitch line and glue down and press, then sew down by hand with a slip stitch.

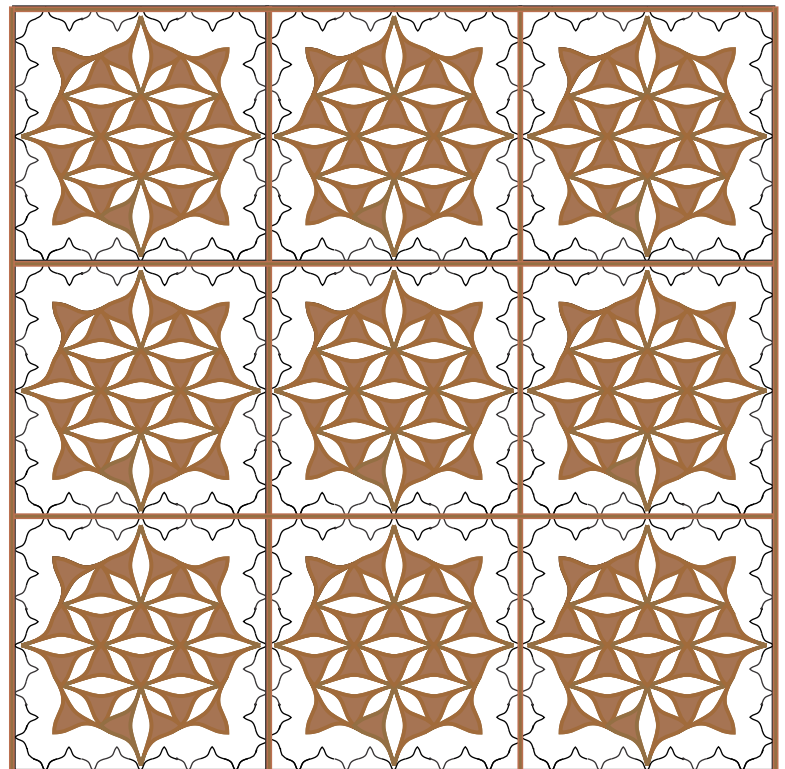
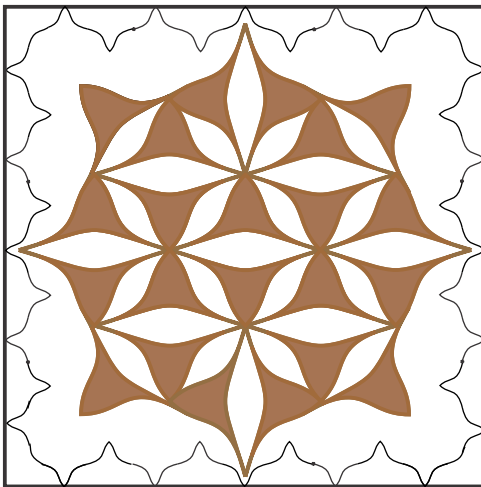
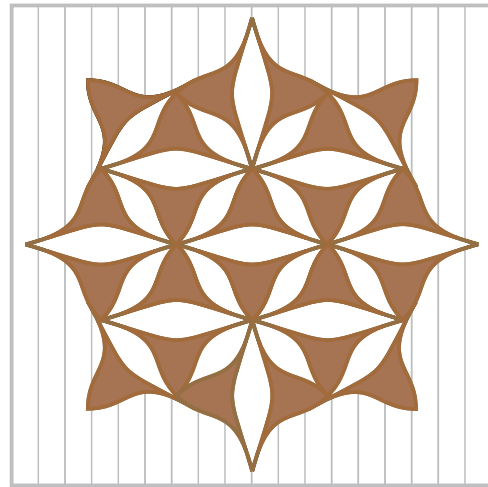
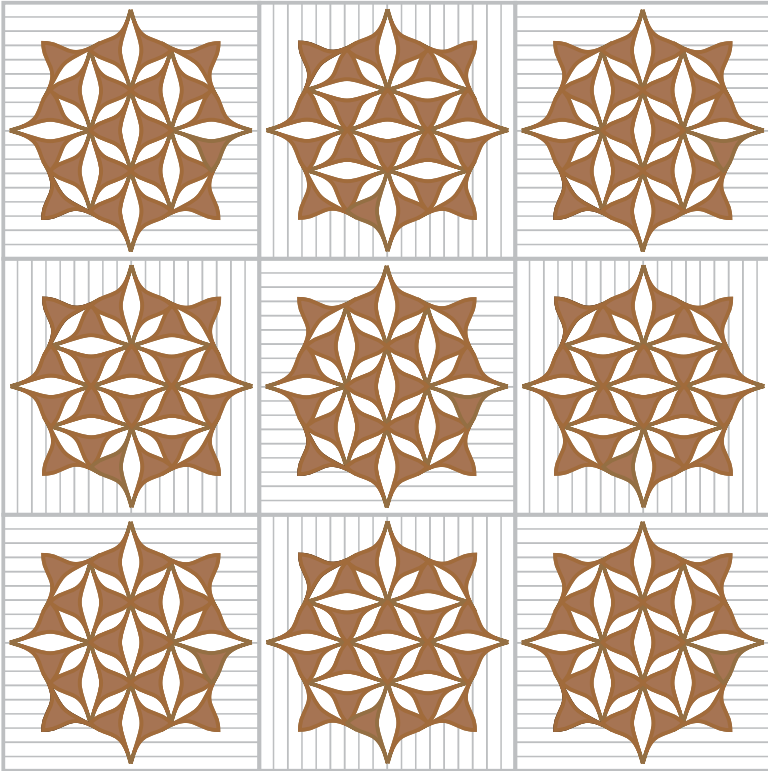


Repeat this process for Rows 1, 2 and 3  
Then Sew the Horizontal rows together using the same process.

**Go to Westalee Design's Youtube channel to see a video on how to do this using the 'SashLeeQuilt' Template.**

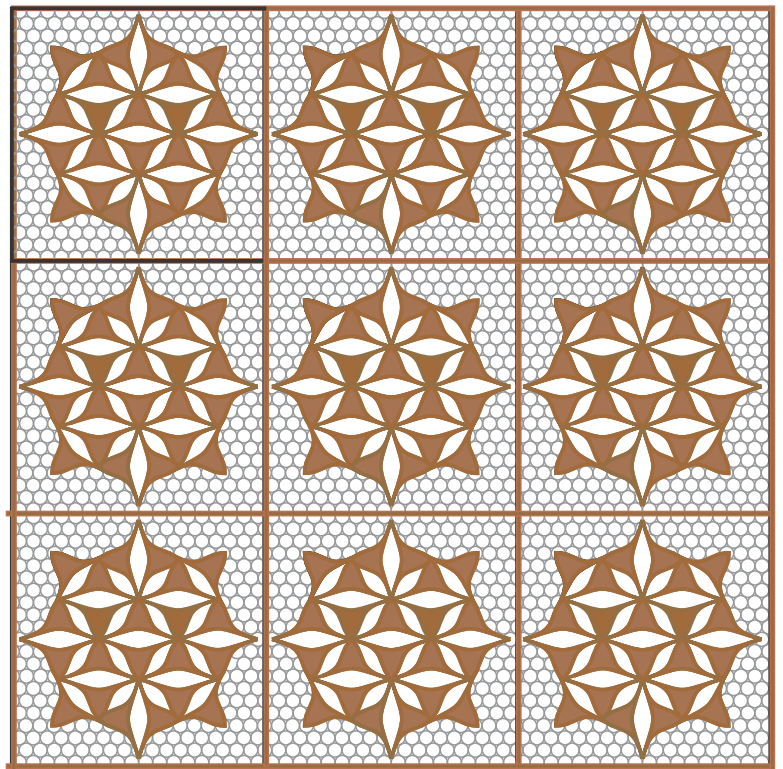
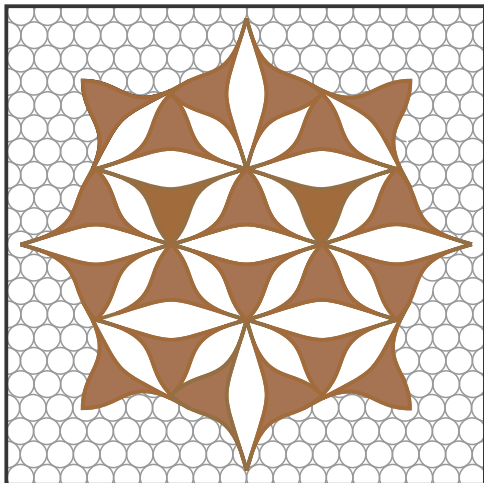
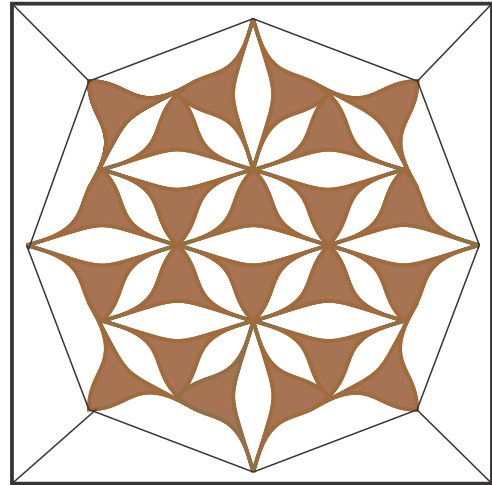
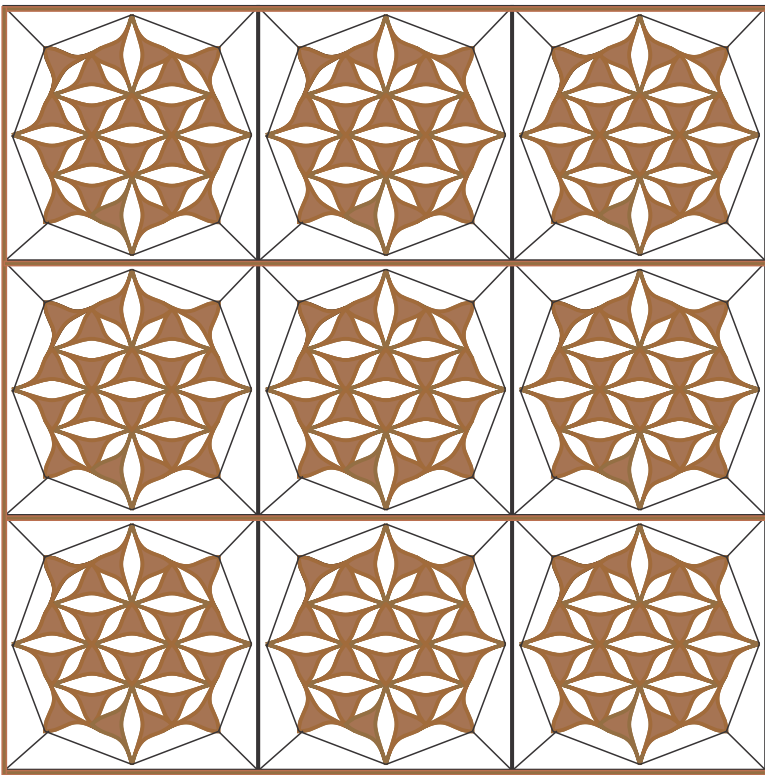
# Coffee and Cream

## Quilting Ideas



# Coffee and Cream

## Quilting Ideas



# BOUND TO FIT



This method of binding is using mitred strips of binding. Westalee Design's Bound To Fit makes this method really easy. By kind permission of Leonie and Bill West from Westalee Design, I have been able to include this method of binding into all my patterns. I have given written instructions for you including pictures, however, there is also a Step by Step video that can be viewed at [www.westalee.com.au](http://www.westalee.com.au)

1. Cut the required number of binding strips the required width. I use 2 1/2" wide strips.



A Using Bound To Fit cut the ends of the strips



B Trim the points for easy alignment



C. Match the seams



D Pin the seams together



E Sew with a Scant Quarter Inch Seam Allowance and press



F With wrong sides together fold in half and press



G. Sew binding to quilt - leave approximately 10" tails



H. Leave about 12" unsewn between ends.



I. Fold the tails back to the middle and finger press a crease.



J. Fold back tails



K. Align Bound To Fit guide to edge of fabric and the **To Fold** mark at the crease.



L. Cut



M. Repeat on the other tail



N. Sew with a Scant Quarter Inch Seam Allowance and press

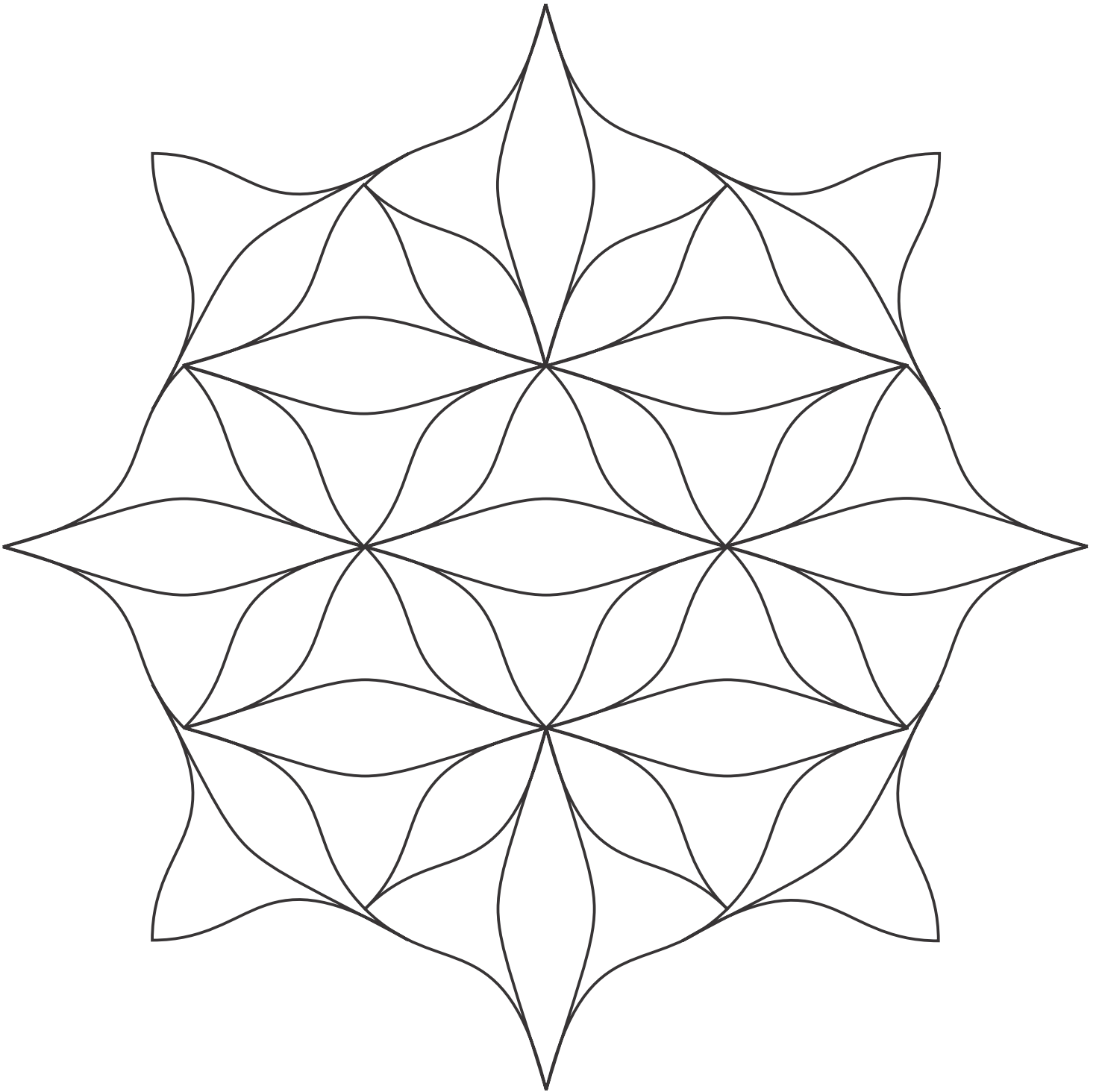


O. Sew the final seam - Fold binding to the back and sew by hand.

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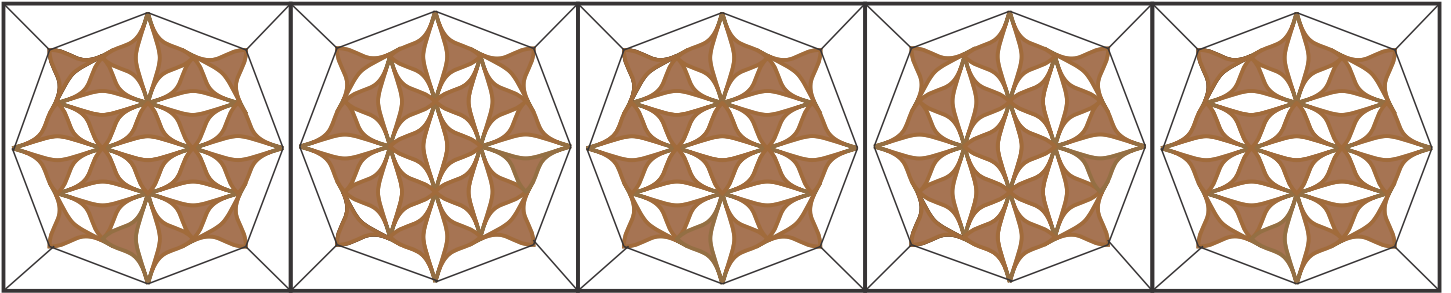
# *Coffee and Cream*



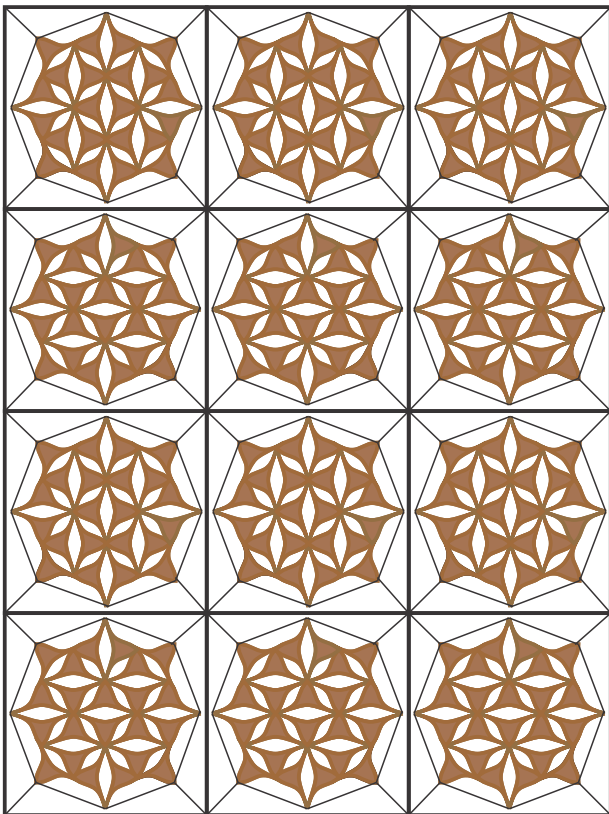
You can photocopy this page for your personal use to work out your own designs.  
Westalee Accredited Teachers are also able to use this resource with permission from the author.

# Coffee and Cream

By playing around with the number of blocks that you make you can increase or decrease the size of your project. Below is a bed runner that measures 18" x 90". This could also be a table runner.

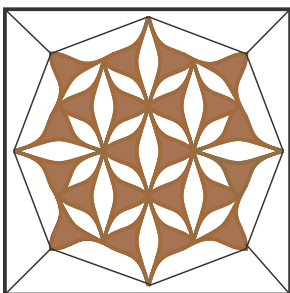
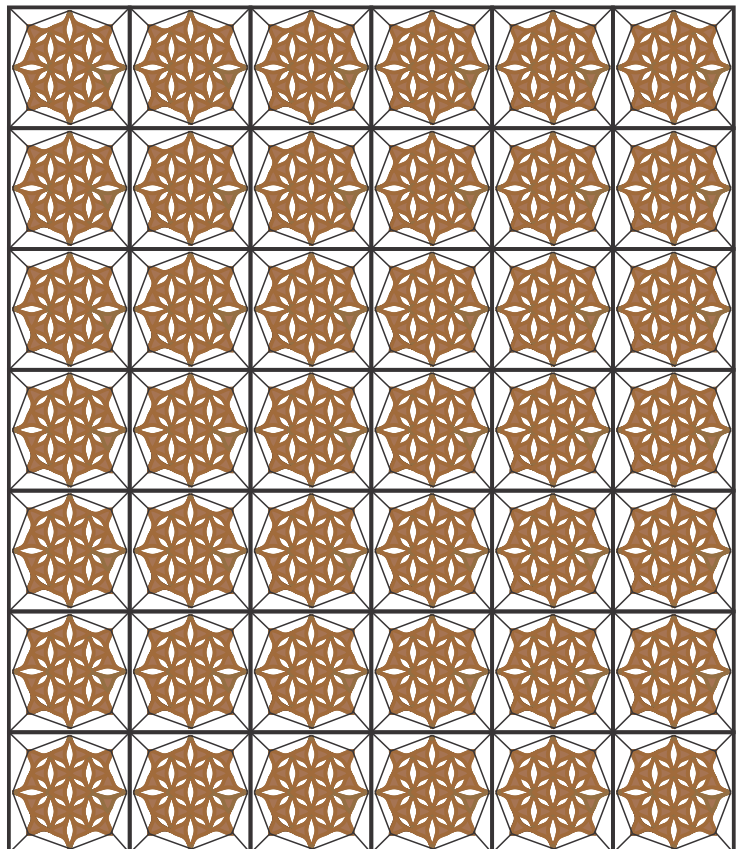


**Bed Runner 18" x 90"**



**A Lap Quilt that measures 54" x 72"**

**A Large Bed Quilt measures 108" x 216"**



**Or just a cushion. The choice is yours**

# Coffee and Cream

*Using Westalee Design Templates*

**Coffee and Cream** was designed to show you how versatile **Westalee Design** Templates can be. I set myself a challenge to see what I could do with just **ONE** template. The result is a single design that changes when you “**TempLeeQuilt**” it. I had so much fun deciding and could have made another 20 different variations for the quilt, but stopped at these Nine blocks.

**I hope you enjoy playing with design as much as I do.**

## Requirements

Westalee Design Domestic Ruler Foot for your machine.

Westalee Design 4" Flying Bell Curve Template.

If you have the Full Bell Curve set you will already have this template.

12 1/2" Crosshair Ruler

Erasable Marking Pen

Sharp Scissors to trimming.

## Fabric Requirements

3 metres for the top fabric (Cream ) - this includes the sashing strips

3 metres for the bottom fabric (Coffee) - Includes sashing strips.

3 metres for the contrast fabric ( Coffee)

9 x 18" squares of paper backed adhesive webbing.

9 x 20" squares of batting.

Quilting Thread that matches your ‘coffee’ fabric colour. Remember to use a thread that is suitable for quilting rather than piecing. You will get a better result.

This quilt is made using genuine **Westalee Design** products. No responsibility is taken if non- genuine products are used.

For further information or assistance with this or any of our patterns or products please contact us at

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